

# List of All Chemicals

## P *Sambucus nigra* (Adoxaceae)

### Common name(s)

European Elderberry; Black Elder; European Alder; European Elder; Elder

### How used

Food

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Chemical	Plant Part	Low PPM	High PPM	StdDev	*Reference
1-CAFFEOYL-BETA-D-GLUCOSIDE	Flower	--	--		Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
1-CAFFEOYL-BETA-D-GLUCOSIDE	Plant	--	--		*
1-FERULOYL-BETA-D-GLUCOSIDE	Plant	--	--		*
2-METHYLHEPTANE	Flower Essent. Oil	--	--		*
2-PHENYLETHANOL	Flower Essent. Oil	--	--		*
20-BETA-HYDROXYURSOLIC-ACID	Flower	--	--		*
24-METHYL-CYCLOARTENOL	Flower	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
30-BETA-HYDROXYURSOLIC-ACID	Flower	--	--		Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.
ACETALDEHYDE	Flower Essent. Oil	--	--		*

### Activities (6)

Addictive 8 ug/kg Science News, 145: 294.

Fungicide

Perfumery FEMA 4-25

Pesticide

Respiraparalytic

Tyrosinase-Inhibitor ID50=43 ug/ml

### ACETALDEHYDE

Leaf Essent. Oil	--	--	*
------------------------	----	----	---

### Activities (6)

Addictive 8 ug/kg Science News, 145: 294.

Fungicide

Perfumery FEMA 4-25

Pesticide

Respiraparalytic

Tyrosinase-Inhibitor ID50=43 ug/ml

### ALKANES

Flower	210.0	70000.0	*
--------	-------	---------	---

### ALPHA-AMYRENONE

Bark	--	178.0	*
------	----	-------	---

### ALPHA-AMYRIN

Leaf	--	--	*
------	----	----	---

### Activities (10)

Analgesic

Antiinflammatory IC<sub>71</sub>=1,000 ppm orl

Antinociceptive

Antitumor

Antiulcer

Cytotoxic 50-400

Gastroprotective

Hepatoprotective

Insectifuge

#### ALPHA-AMYRIN

Bark -- 379.0

\*

#### Activities (10)

Analgesic

Antiedemic IC<sub>43</sub>=40 mg/kg ipr rat

Antiinflammatory IC<sub>71</sub>=1,000 ppm orl

Antinociceptive

Antitumor

Antiulcer

Cytotoxic 50-400

Gastroprotective

Hepatoprotective

Insectifuge

#### ALPHA-AMYRIN

Flower -- --

\*

#### Activities (10)

Analgesic

Antiedemic IC<sub>43</sub>=40 mg/kg ipr rat

Antiinflammatory IC<sub>71</sub>=1,000 ppm orl

Antinociceptive

Antitumor

Antiulcer

Cytotoxic 50-400

Gastroprotective

Hepatoprotective

Insectifuge

#### ALPHA-AMYRIN-PALMITATE

Leaf -- --

\*

#### Activities (5)

Antianemic

Antiarthritic 56-66 mg/kg  
orl rat

Antifeedant Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.

Antihepatotoxic

Antiinflammatory 56-66  
mg/kg orl rat

#### ALPHA-HYDROXYBEHENIC-ACID

Bark -- -- \*

#### ALPHA-TERPINEOL

Flower -- -- \*  
Essent.  
Oil

#### Activities (23)

ACE-Inhibitor 100  
ug/ml (weak  
activity)

Aldose-Reductase-  
Inhibitor 100 ug/ml Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.

Allelopathic Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus  
Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.

Antiacne

Antibacterial MIC=800-1,600  
ug/ml Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.

Anticancer

Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.

Anticariogenic MIC=800-1,600  
ug/ml Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.

Antiinflammatory

Antiproliferant

Cicatrizant ED50=240 ug/g mus	
FLavor FEMA 5-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insecticide 1.29 uM/fly	
Interleukin-6- Inhibitor	
Mosquitofuge > Deet	
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	
Sedative	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Termiticide IC100=5 mg/g	
Transdermal	
Vulnerary ED50=240 ug/g mus	

ANTIRHININ	Fruit	--	--	*	
ARACHIDIC-ACID	Flower	--	--	*	
ARACHIDIC-ACID	Seed	--	--	*	
ARACHIDYL-ALCOHOL	Flower	--	--	*	
ASCORBIC	Plant	--	--	*	
ASCORBIC-ACID	Leaf	739.0	11000.0	0.58	*

**Activities (112)**

Acidulant FEMA 6,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Aldose-Reductase-Inhibitor	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Analgesic 5-10 g/day	
Angiotensin-Receptor-Blocker	
AntiAGE 2,000 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
AntiCFS 500-1,000 mg	
AntiCTS 1,000 mg 3x/day	
AntiCrohn's 50-100 mg/day/orl/man	Martindale's 29th
AntiLyme 500-2,000 mg	
AntiRaynaud's 500 mg 1- 2x/day	
Antiaggregant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiaging 400 mg/day	
Antiallergic	
Antialzheimeran 2,000-6,000 mg/day	
Antiarthritic 0.2-1 g/day	
Antiasthmatic 1,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiatherosclerotic	
Antibacterial	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticataract 350 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Anticataract 1 g 3x/day	
Anticervicaldysplastic 1,000- 2,000 mg/day	
Anticlimacteric 500-5,000 mg/day	
Anticold 1-2 g/man/day	
Antidecubitic 500 mg/man/2x/day	Martindale's 28th
Antidementia	
Antidepressant 2,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidiabetic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Aluminum)	Economic & Medicinal Plant Research, 6: 189.
Antidote (Cadmium)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

Antieczemic 3.5-5 g/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiedemic 1 g/man/day	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antiencephalitic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antiendometriotic 2,000 mg/day	
Antifatigue 500-1,000 mg	
Antifibrotic 1,000-2,000 mg	
Antigallstone 1,000-3,000 mg/day	
Antigastritic	
Antigingivitic	
Antiglaucomic 2 g/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antihangover 1,000 mg	
Antihemorrhagic 1 g/man/day	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antihepatitic 2-6 g/man/day	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antihepatotoxic	Economic & Medicinal Plant Research, 6: 189.
Antiherpetic 1-5 g/day	
Antihistaminic 2 g/day orl man	
Antihypertensive	
Antiinfertility 1 g/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiinflammatory	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antileptic 1.5 g/man/day	Martindale's 28th
Antilithic 1,000-3,000 mg/day	
Antimaculitic	
Antimeasles	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antimenopausal 500-5,000 mg/day	
Antimigraine	Martindale's 29th
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antineuramidase	
Antinitroscopic 1 g/man/day	Martindale's 28th
Antioesity 1 g 3x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiorchitic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antosteoorarthritic 1 g 2x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antosteoporotic 500 mg/day	
Antioxidant 100 ppm	
Antiparkinsonian 1 g 2-3x/day	
Antiparotitic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antiperiodontic 1 g 2x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antipneumonic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antipodriac	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antipoliomyelic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antipyretic	Economic & Medicinal Plant Research, 6: 189.
Antiradicular	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antiretinotic	
Antirheumatic	
Antirhinitic 1,000 mg 3x/day	
Antiscorbutic 10 mg/man/day	Martindale's 28th
Antiseptic MIC=3.3-217 mg/ml	Martindale's 28th
Antiseptic 4-8 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antishingles	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antispasmodic 500-5,000 mg/day	
Antistress 500-1,000 mg	
Antistress-X 1-4 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antitumor (Gastric)	
Antitumor (Lung)	
Antiulcer	
Antiviral 1-5 g/day	
Apoptotic 1-10 mM	
Asthma-preventive 1,000 mg/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Beta-Adrenergic Receptor Blocker	
Beta-Glucuronidase-Inhibitor 1.5 g/day/man	
Calcium-Antagonist	
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Cold-preventive 1-2 g/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Collagenic	
Detoxificant	
Diuretic 700 mg/man/orl	
Fistula-Preventive	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Hypocholesterolemic 300-1,000 mg/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Hypoglycemic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypotensive 1,000 mg/man/day	
Immunomodulator	
Immunostimulant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Interferonogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Lithogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Mucolytic 1 g/woman/day	Martindale's 28th
Pesticide	
Uricosuric 4 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Urinary-Acidulant	Martindale's 29th
Vasodilator	
Vulnerary	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

ASCORBIC-ACID	Fruit	128.0	1515.0	-0.19	*
---------------	-------	-------	--------	-------	---

#### Activities (112)

Acidulant FEMA 6,000	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Aldose-Reductase-Inhibitor	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Analgesic 5-10 g/day	
Angiotensin-Receptor-Blocker	
AntiAGE 2,000 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
AntiCFS 500-1,000 mg	
AntiCTS 1,000 mg 3x/day	
AntiCrohn's 50-100 mg/day/orl/man	Martindale's 29th
AntiLyme 500-2,000 mg	
AntiRaynaud's 500 mg 1-2x/day	
Antiaggregant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiaaging 400 mg/day	
Antiallergic	
Antialzheimeran 2,000-6,000 mg/day	
Antiarthritic 0.2-1 g/day	
Antiasthmatic 1,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiatherosclerotic	
Antibacterial	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticataract 350 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Anticataract 1 g 3x/day	
Anticervicaldysplastic 1,000-2,000 mg/day	
Anticlimacteric 500-5,000 mg/day	
Anticold 1-2 g/man/day	
Antidecubitic 500 mg/man/2x/day	Martindale's 28th
Antidementia	
Antidepressant 2,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidiabetic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Aluminum)	Economic & Medicinal Plant Research, 6: 189.
Antidote (Cadmium)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Paraquat)	Martindale's 28th
Antieczemic 3.5-5 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiedemic 1 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiencephalitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiendometriotic 2,000 mg/day	

Antifibrotic 1,000-2,000 mg	
Antigallstone 1,000-3,000 mg/day	
Antigastritic	
Antigingivitic	
Antiglaucomic 2 g/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antihangover 1,000 mg	
Antihemorrhagic 1 g/man/day	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antihepatitic 2-6 g/man/day	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antihepatotoxic	Economic & Medicinal Plant Research, 6: 189.
Antiherpetic 1-5 g/day	
Antihistaminic 2 g/day orl man	
Antihypertensive	
Antiinfertility 1 g/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiinflammatory	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antilepric 1.5 g/man/day	Martindale's 28th
Antilithic 1,000-3,000 mg/day	
Antimaculitic	
Antimeasles	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antimenopausal 500-5,000 mg/day	
Antimigraine	Martindale's 29th
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antineuramidase	
Antinitrosic 1 g/man/day	Martindale's 28th
Antiobesity 1 g 3x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiorchitic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antosteoorarthritic 1 g 2x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antosteoporotic 500 mg/day	
Antioxidant 100 ppm	
Antiparkinsonian 1 g 2-3x/day	
Antiparotitic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antiperiodontitic 1 g 2x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antipneumonic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antipodriac	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antipoliomyelic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antipyretic	Economic & Medicinal Plant Research, 6: 189.
Antiradicular	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antiretinotic	
Antirheumatic	
Antirhinitic 1,000 mg 3x/day	
Antiscorbutic 10 mg/man/day	Martindale's 28th
Antiseptic MIC=3.3-217 mg/ml	Martindale's 28th
Antiseptic 4-8 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antishingles	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antispasmodic 500-5,000 mg/day	
Antistress 500-1,000 mg	
Antisyndrome-X 1-4 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antitumor (Gastric)	
Antitumor (Lung)	
Antiulcer	
Antiviral 1-5 g/day	
Apoptotic 1-10 mM	
Asthma-preventive 1,000 mg/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Beta-Adrenergic Receptor Blocker	
Beta-Glucuronidase-Inhibitor 1.5 g/day/man	
Calcium-Antagonist	
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Cold-preventive 1-2 g/day	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Collagenic	
Detoxicant	
Diuretic 700 mg/man/orl	
Fistula-Preventive	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).

1,000 mg/day	
Hypoglycemic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypotensive 1,000 mg/man/day	
Immunomodulator	
Immunostimulant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Interferonogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Lithogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Mucolytic 1 g/woman/day	Martindale's 28th
Pesticide	
Uricosuric 4 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Urinary-Acidulant	Martindale's 29th
Vasodilator	
Vulnerary	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

ASH                                      Fruit    8600.0    48765.0    -0.2    \*

ASTRAGALIN                              Flower   --    --    \*

#### Activities (7)

ACE-Inhibitor ID50=180 ug/ml rat (24 hr.)

Aldose-Reductase-Inhibitor IC30=1 uM

Aldose-Reductase-Inhibitor IC62=10 uM Shimizu, M., Ito, T., Terashima, S., Hayashi, T., Arisawa, M., Morita, N., Kurokawa, S., Ito, K., and Hashimoto, Y. 1984. Inhibition of Lens Aldose Reductase by Flavonoids. *Phytochemistry*, 23: 1885-1888.

Antileukemic

Expectorant

Hypotensive Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. *Chem. Pharm. Bull.* 38(4): 1049-1052, 1990.

Immunostimulant

ASTRAGALIN                              Plant    --    --    \*

#### Activities (7)

ACE-Inhibitor ID50=180 ug/ml rat (24 hr.)

Aldose-Reductase-Inhibitor IC30=1 uM

Aldose-Reductase-Inhibitor IC62=10 uM Shimizu, M., Ito, T., Terashima, S., Hayashi, T., Arisawa, M., Morita, N., Kurokawa, S., Ito, K., and Hashimoto, Y. 1984. Inhibition of Lens Aldose Reductase by Flavonoids. *Phytochemistry*, 23: 1885-1888.

Antileukemic

Expectorant

Hypotensive Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. *Chem. Pharm. Bull.* 38(4): 1049-1052, 1990.

Immunostimulant

BALANOPHORIN                              Leaf    --    --    \*

BEHENIC-ACID                              Plant    --    --    \*

#### Activities (1)

Cosmetic Jefferay B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

BENZALDEHYDE                              Leaf    --    --    \*  
    Essent.  
    Oil

#### Activities (24)

Allergenic

Anesthetic

Antibacterial

Anticancer

Antimutagenic

Antipeptic

Antiseptic

Antispasmodic

Antitumor

Candidicide

FLavor FEMA 150-800 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Immunostimulant

Insectifuge 50 ppm	J. Stored. Prod. Res., 22:141, 1986.
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Narcotic	Merck 11th Edition
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Pesticide	
Sedative	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Termiticide LD100=5 mg/g	
Tyrosinase-Inhibitor ID50=820 uM	
Tyrosinase-Inhibitor ID50=87 ug/ml	
Tyrosinase-Inhibitor ID50=0.82 mM	
Tyrosinase-Inhibitor ID50=830 uM	

BENZALDEHYDE	Flower	--	--	*
	Essent. Oil			

#### Activities (24)

Allergenic	
Anesthetic	
Antibacterial	
Anticancer	
Antimutagenic	
Antipeptic	
Antiseptic	
Antispasmodic	
Antitumor	
Candidicide	
FLavor FEMA 150-800	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Immunostimulant	
Insecticide	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Insectifuge 50 ppm	J. Stored. Prod. Res., 22:141, 1986.
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Narcotic	Merck 11th Edition
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Pesticide	
Sedative	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Termiticide LD100=5 mg/g	
Tyrosinase-Inhibitor ID50=820 uM	
Tyrosinase-Inhibitor ID50=87 ug/ml	
Tyrosinase-Inhibitor ID50=0.82 mM	
Tyrosinase-Inhibitor ID50=830 uM	

BENZALDEHYDE	Plant	--	--	*

#### Activities (24)

Allergenic	
Anesthetic	
Antibacterial	
Anticancer	
Antimutagenic	
Antipeptic	
Antiseptic	
Antispasmodic	

Candidicide	
FLavor FEMA 150-800	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Immunostimulant	
Insecticide	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Insectifuge 50 ppm	J. Stored. Prod. Res., 22:141, 1986.
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Theapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Narcotic	Merck 11th Edition
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Pesticide	
Sedative	Buchbauer et al, e.g.Buchbauer et al,1993.Theapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Termiticide LD100=5 mg/g	
Tyrosinase-Inhibitor ID50=820 uM	
Tyrosinase-Inhibitor ID50=87 ug/ml	
Tyrosinase-Inhibitor ID50=0.82 mM	
Tyrosinase-Inhibitor ID50=830 uM	

BENZOIC-ACID-ETHYL-ESTER	Leaf Essent. Oil	--	--	*
BENZYL-ALCOHOL	Flower Essent. Oil	--	--	*

#### Activities (9)

Allergenic	Martindale's 29th
Anesthetic	Martindale's 28th
Antiodontalgic	Martindale's 28th
Antipruritic	
Antiseptic	Martindale's 29th
FLavor Fema 200-1,200	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Pesticide	
Sedative	Jim Duke's personal files.

BENZYL-ALCOHOL	Leaf Essent. Oil	--	--	*
----------------	------------------------	----	----	---

#### Activities (9)

Allergenic	Martindale's 29th
Anesthetic	Martindale's 28th
Antiodontalgic	Martindale's 28th
Antipruritic	
Antiseptic	Martindale's 29th
FLavor Fema 200-1,200	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Pesticide	
Sedative	Jim Duke's personal files.

BETA-AMYRIN	Flower	--	--	*
-------------	--------	----	----	---

#### Activities (9)

Analgesic	
Antiedemic IC27=40 mg/kg ipr rat	
Antiinflammatory	
Antinociceptive	
Antiuclcer	
Gastroprotective	
Hepatoprotective	
Larvicide	

## BETA-AMYRIN-PALMITATE

Plant -- -- \*

## Activities (3)

Antidepressant  
Antihepatotoxic  
Sedative

## BETA-AMYRIN-PALMITATE

Leaf -- -- Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley &amp; Sons, New York. 649 pp.

## Activities (3)

Antidepressant  
Antihepatotoxic  
Sedative

## BETA-CAROTENE

Leaf -- 150.0 -0.48 \*

## Activities (53)

Allergenic	
Androgenic?	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
AntiPMS	
Antiacne	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiaging	
Antiarthritic	
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Anticarcinomic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticervical dysplastic	
Anticoronal 50 mg/man/2 days	
Antihyperkeratotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiichthyotic	
Antileukoplakic	
Antilipoperoxidant IC71=50 ug/ml	Martindale's 28th
Antilupus 150 mg/man/day/2 mos	
Antimaculitic	
Antimastitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antioxidant	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiozenic	
Antipapillomic	
Antiphoto phobic 30-300 mg/man/day	Martindale's 29th
Antipityriasic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiporphyrin 30-300 mg/man/day	Martindale's 28th
Antiproliferant	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antipsoriac	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiradicular	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antirheumatic	
Antistress	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antitumor	Simon, P.W. Carrots and Other Horticultural Crops as a Source of Provitamin A Carotenes. HortScience, 25(12): 1495, 1990.
Antitumor (Breast) IC45=60 ug/ml	
Antitumor (CNS) IC43=45 ug/ml	
Antitumor (Colon) IC43=45 ug/ml	
Antitumor (Lung) IC30=60 ug/ml	
Antitumor (Prostate)	
Antitumor (Stomach) IC26=45 ug/ml	
Antiulcer 12 mg 3x/day/man/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiulcer 15,000-25,000 IU/day	
Antixerophthalmic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
COX-1-Inhibitor IC78=50 ug/ml	
COX-2-Inhibitor IC82=50 ug/ml	
Cancer-Preventive 22 ppm	Jim Duke's personal files.
Chemopreventive	
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Immunostimulant 180 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Interferon-Synergist	
Mucogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Phagocytotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Prooxidant 20 ug/g	
Thymoprotective	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
BETA-CAROTENE	Fruit      100.0      150.0      0.14      *
<b>Activities (53)</b>	
Allergenic	
Androgenic?	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
AntiPMS	
Antiacne	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiaging	
Antiarthritic	
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Anticarcinomic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticervicaldysplastic	
Anticorony 50 mg/man/2 days	
Antihyperkeratotic	
Antiichthyotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antileukoplakic	
Antilipoperoxidant IC71=50 ug/ml	
Antilupus 150 mg/man/day/2 mos	Martindale's 28th
Antimaculitic	
Antimastitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antioxidant	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiozenic	
Antipapillomic	
Antiphotophobic 30-300 mg/man/day	Martindale's 29th
Antipityriasic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiporphyrin 30-300 mg/man/day	Martindale's 28th
Antiproliferant	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antipsoriac	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiradicular	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antirheumatic	
Antistress	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antitumor	Simon, P.W. Carrots and Other Horticultural Crops as a Source of Provitamin A Carotenes. HortScience, 25(12): 1495, 1990.
Antitumor (Breast) IC45=60 ug/ml	
Antitumor (CNS) IC43=45 ug/ml	
Antitumor (Colon) IC43=45 ug/ml	
Antitumor (Lung) IC30=60 ug/ml	
Antitumor (Prostate)	
Antitumor (Stomach) IC26=45 ug/ml	
Antiulcer 12 mg 3x/day/man/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiulcer 15,000-25,000 IU/day	
Antixerophthalmic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
COX-1-Inhibitor IC78=50 ug/ml	
COX-2-Inhibitor IC82=50 ug/ml	
Cancer-Preventive 22 ppm	Jim Duke's personal files.
Chemopreventive	
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Gastroprotective	
Immunostimulant 180 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Interferon-Synergist	
Mucogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Phagocytotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Prooxidant 20 ug/g	
Thymoprotective	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

## BETA-CARYOPHYLLENE

Flower	--	--	*
Essent.			
Oil			

## BETA-SITOSTEROL

Bark	--	--	*
------	----	----	---

**Activities (47)**

Androgenic			
Angiogenic			
Anorexic	Martindale's 28th		
Antiadrenomic	Merck 11th Edition		
Antiandrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.		
Antibacterial	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.		
Anticancer (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.		
Anticancer (Cervix)			
Anticancer (Lung)			
Antiedemic IC54=320 mg/kg orl			
Antiestrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.		
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.		
Antifertility	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.		
Antigonadotropic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.		
Antihyperlipoproteinaemic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, Londón. 791 pp.		
Antiinflammatory			
Antileukemic			
Antilymphomeric			
Antimutagenic 250 ug/ml			
Antiophidic 2.3 mg mus	Economic & Medicinal Plant Research, 5: 363.		
Antioxidant IC44=10 uM			
Antiprogestational	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.		
Antiprostaglandin 30 mg/day/12 wks			
Antiprostatademonic	Merck 11th Edition		
Antiprostatic 10-20 mg 3 x/day/orl man			
Antipyretic	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.		
Antitumor (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.		
Antitumor (Cervix)			
Antitumor (Lung)			
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in <i>Artemisia annua</i> . <i>Plant Science</i> , 75: 161-165, 1991.		
Apoptotic			
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of <i>Melodorum fruticosum</i> . <i>Phytochemistry</i> . 29(5): 1667-1670. 1990.		
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.		
Candidicide	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.		
Caspase-8-Inducer			
Estrogenic			
Febrifuge	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.		
Gonadotropic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.		
Hepatoprotective			
Hypocholesterolemic 2-6 g/man/day/orl	Martindale's 30th		
Hypocholesterolemic 9-3,330 mg/man/day/orl	Martindale's 28th		
Hypoglycemic	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989.		
Hypolipidemic 2-6 g/day			
Pesticide			
Spermicide	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.		
Ubiquot	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, Londón. 791 pp.		
Ulcerogenic 500 mg/kg ipr rat			

## BETA-SITOSTEROL

Flower	--	--	*
--------	----	----	---

**Activities (47)**

Androgenic			
Angiogenic			

Antiadenameic	Merck 11th Edition
Antiandrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antibacterial	Recently became <i>Internat. J. Crude Drug Res.</i> 28(1,2,3,4):1990, page 155.
Anticancer (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Anticancer (Cervix)	
Anticancer (Lung)	
Antiedemic IC54=320 mg/kg orl	
Antiestrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Antifertility	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antigonadotrophic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antihyperlipoproteinaemic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antiinflammatory	
Antileukemic	
Antilymphomtic	
Antimutagenic 250 ug/ml	
Antiolethic 2.3 mg mus	Economic & Medicinal Plant Research, 5: 363.
Antioxidant IC44=10 uM	
Antiprogestational	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antiprostaglandin 30 mg/day/12 wks	
Antiprostatadenomic	Merck 11th Edition
Antiprostatic 10-20 mg 3 x/day/orl man	
Antipyretic	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Antitumor (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Antitumor (Cervix)	
Antitumor (Lung)	
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in <i>Artemisia annua</i> . <i>Plant Science</i> , 75: 161-165, 1991.
Apoptotic	
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of <i>Melodorum fruticosum</i> . <i>Phytochemistry</i> , 29(5): 1667-1670. 1990.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Recently became <i>Internat. J. Crude Drug Res.</i> 28(1,2,3,4):1990, page 155.
Caspase-8-Inducer	
Estrogenic	
Febrifuge	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Gonadotrophic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Hepatoprotective	
Hypocholesterolemic 2-6 g/man/day/orl	Martindale's 30th
Hypocholesterolemic 9-3,330 mg/man/day/orl	Martindale's 28th
Hypoglycemic	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989.
Hypolipidemic 2-6 g/day	
Pesticide	
Spermicide	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Ubiquit	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Ulcerogenic 500 mg/kg ipr rat	

#### BETA-SITOSTEROL

Leaf -- -- \*

#### Activities (47)

Androgenic	
Angiogenic	
Anorexic	Martindale's 28th
Antiadenameic	Merck 11th Edition
Antiandrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antibacterial	Recently became <i>Internat. J. Crude Drug Res.</i> 28(1,2,3,4):1990, page 155.
Anticancer (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Anticancer (Cervix)	
Anticancer (Lung)	
Antiedemic IC54=320 mg/kg orl	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antiestrogenic	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Antifeedant	

Antigonadotropic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antihyperlipoproteinaemic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antiinflammatory	
Antileukemic	
Antilymphomeric	
Antimutagenic 250 ug/ml	
Antiphidic 2.3 mg mus	Economic & Medicinal Plant Research, 5: 363.
Antioxidant IC44=10 uM	
Antiprogestational	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antiprostaglandin 30 mg/day/12 wks	
Antiprostatadenomic	Merck 11th Edition
Antiprostatic 10-20 mg 3 x/day/orl man	
Antipyretic	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Antitumor (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Antitumor (Cervix)	
Antitumor (Lung)	
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in <i>Artemisia annua</i> . <i>Plant Science</i> , 75: 161-165, 1991.
Apoptotic	
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of <i>Melodorum fruticosum</i> . <i>Phytochemistry</i> , 29(5): 1667-1670. 1990.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.
Caspase-8-Inducer	
Estrogenic	
Febrifuge	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Gonadotropic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Hepatoprotective	
Hypocholesterolemic 2-6 g/man/day/orl	Martindale's 30th
Hypocholesterolemic 9-3,330 mg/man/day/orl	Martindale's 28th
Hypoglycemic	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989.
Hypolipidemic 2-6 g/day	
Pesticide	
Spermicide	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Ubiquitin	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Ulcerogenic 500 mg/kg ipr rat	

## BETULIN

Plant -- -- \*

### Activities (13)

AntiHIV 6.1 uM	
Anticarcinomic	
Antifeedant	
Antiflu	
Antiinflammatory	Recio, M., et al. 1994. Investigations on the Steroidal Anti-Inflammatory Activity of Triterpenoids from <i>Diospyros leucomelas</i> *. <i>Planta Medica</i> , 61: 9.
Antitumor	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antiviral 6.1 uM	
Aphidifuge	Lugemwa, F.N., Huang, F-Y., Bentley, M.D., Mendel, M.J., and Alford, A.R. 1990. A <i>Heliothis zea</i> Antifeedant from the Abundant Birchbark Triterpene Betulin. <i>J. Agric. Food Chem.</i> 38(2): 493-494.
Cytotoxic 600 ppm	
Cytotoxic 8.6 uM	
Hypolipemic	
Prostaglandin-Synthesis-Inhibitor IC50=119 uM	Huang, C., Tunon, H., Bohlin, L. 1995. Anti-Inflammatory Compounds Isolated from <i>Menyanthes trifoliata</i> L. <i>Yao Hsueh Hsueh Pao</i> , 30(8): 621-626.
Topoisomerase-II-Inhibitor IC50=38.6 uM	

## BETULIN

Bark -- -- \*

### Activities (13)

AntiHIV 6.1 uM	
Anticarcinomic	
Antifeedant	
Antiflu	

Antitumor	Medica, 61: 9. Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiviral 6.1 uM	
Aphidifuge	Lugemwa, F.N., Huang, F-Y., Bentley, M.D., Mendel, M.J., and Alford, A.R. 1990. A Heliothis zea Antifeedant from the Abundant Birchbark Triterpene Betulin. J. Agric. Food Chem. 38(2): 493-494.
Cytotoxic 600 ppm	
Cytotoxic 8.6 uM	
Hypolipemic	
Prostaglandin-Synthesis-Inhibitor IC50=119 uM	Huang, C., Tunon, H., Bohlin, L. 1995. Anti-Inflammatory Compounds Isolated from Menyanthes trifoliata L. Yao Hsueh Hsueh Pao, 30(8): 621-626.
Topoisomerase-II-Inhibitor IC50=38.6 uM	

## BETULINIC-ACID

Bark -- -- \*

### Activities (22)

Anthelmintic	
AntiHIV EC50=2.0 ug/ml	Kashiwada, Y., et al. 1998. Anti-AIDS Agents. 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. J. Nat. Prod., 61 (9): 1090-1095.
AntiHIV IC50=6.5 ug/ml	
AntiHIV 14.8 uM	
Antibacterial	
Anticancer	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anticarcinomic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiedemic	
Antiinflammatory	Recio, M., et al. 1994. Investigations on the Steroidal Anti-Inflammatory Activity of Triterpenoids from <i>Diospyros leucomelas</i> *. Planta Medica, 61: 9.
Antileukemic	
Antimalarial IC50=19-26 ug/ml	
Antimelanomic	New York Times, 3/28/95.
Antinociceptive	
Antiplasmodial IC50=19-26 ug/ml	
Antitumor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiviral 14.8 uM	
Apoptotic	
Cytotoxic 50-100 ppm	Biosyn. Prod. Cancer Chemotherapy (Petit et al)
Cytotoxic 16.4 uM	
Phospholipase-A2-Inhibitor	
Prostaglandin-Synthesis-Inhibitor 200 ug/ml	Dunstan, C. A., Liu, B., Welch, C. J., Perera, P., Bohlin, L. 1998. Alphitol, a Phenolic Substance from <i>Alphitonia zizyphoides</i> which Inhibits Prostaglandin Biosynthesis in vitro. Phytochemistry, 48(3): 495-497.
Prostaglandin-Synthesis-Inhibitor IC50=101 uM	Huang, C., Tunon, H., Bohlin, L. 1995. Anti-Inflammatory Compounds Isolated from Menyanthes trifoliata L. Yao Hsueh Hsueh Pao, 30(8): 621-626.

## BIOTIN

Fruit 0.007 0.009 -1.0 List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

### Activities (4)

Antialopercic	
Antidermatitic 3 mg/2x/day	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antineuragic	
Antiseborrheic 3 mg/2x/day	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

## BUT-3-EN-2-ONE

Flower  
Essent.  
Oil -- -- \*

## BUT-3-EN-2-ONE

Leaf  
Essent.  
Oil -- -- \*

## BUTYL-ACETATE

Flower  
Essent.  
Oil -- -- \*

## CAFFEIC-ACID

Plant -- -- \*

### Activities (102)

Aldose-Reductase-Inhibitor 4 ug/ml (weak activity)	Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. Sankyo Kenkyusho Nempo, 43: 99-110.
Allergenic	

AntiHIV EC50=200 ug/ml	
AntiLegionella	
Antidienviral	Economic & Medicinal Plant Research, 5: 207.
Antiaggregant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiaging	
Antiatherogenic	
Antibacterial	
Anticancer	
Anticarcinogenic	Economic & Medicinal Plant Research, 6: 189.
Antidepressant	
Antiedemic	Economic & Medicinal Plant Research, 6: 189.
Antielastase IC50=93 uM/l	
Antielastase IC50=86 ug/ml (475 uM)	
Antiescherichic	
Antiflu	Economic & Medicinal Plant Research, 5: 207.
Antigonadotropic	Jim Duke's personal files.
Antihemolytic 25 uM	Ohnishi, M., Morishita, H., Iwahashi, H., Toda, S., Shirataki, Y., Kimura, M., and Kido, R. 1993. Inhibitory Effects of Chlorogenic Acids on Linoleic Acid Peroxidation and Haemolysis. <i>Phytochemistry</i> . 36(3): 579-583. 1994.
Antihepatoadenomic 200 ppm diet orl mus	
Antihepatotoxic	
Antiherpetic 50 ug/ml	
Antiherpetic EC50=>50 ug/ml	
Antihistaminic	
Antihypercholesterolemic	Economic & Medicinal Plant Research, 6: 189.
Antihyperthyroid	
Antiinflammatory	
Antileukemic	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antileukotriene	
Antimelanogenic	
Antimutagenic	Ki Soon Rhee. Oilseed Food Ingredients Used To Minimize Oxidative Flavor Deterioration in Meat Products. Phenolic Compounds in Food and Their Effects on Health, Ch.18.
Antinitrosaminic	Ki Soon Rhee. Oilseed Food Ingredients Used To Minimize Oxidative Flavor Deterioration in Meat Products. Phenolic Compounds in Food and Their Effects on Health, Ch.18.
Antiofidic	
Antioxidant 50 uM	
Antioxidant IC57=30 ppm	
Antioxidant 1/3 quercetin	
Antioxidant 30 mM	
Antioxidant 1.3 x Vit. E	
Antioxidant 1/2 BHA	
Antiperoxidant IC50=44 uM	Planta Medica, 57: A54, 1991.
Antiperoxidant IC35=200 ug/ml	
Antiperoxidant IC85=100 ug/ml	
Antiproliferant	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antiprostaglandin	
Antiradicular 10 uM	Ohnishi, M., Morishita, H., Iwahashi, H., Toda, S., Shirataki, Y., Kimura, M., and Kido, R. 1993. Inhibitory Effects of Chlorogenic Acids on Linoleic Acid Peroxidation and Haemolysis. <i>Phytochemistry</i> . 36(3): 579-583. 1994.
Antiradicular 1/3 quercetin	
Antiradicular 30 mM	
Antiradicular IC50=32-35 uM	
Antiseptic	
Antispasmodic EC50=3.4-15 uM	Phytotherapy Research, 4: 73.
Antistaphylococcic	
Antistomatitic	Economic & Medicinal Plant Research, 5: 207.
Antisunburn	
Antithiamin	Phenolic Compounds in Food and Their Effects on Health, 69.
Antithyroid	Jim Duke's personal files.
Antitumor 200 ppm diet orl mus	
Antitumor (Skin)	
Antitumor-Promoter IC42=10 uM	Cancer Research, 48: 5941.
Antiulcerogenic	
Antivaccinia	Economic & Medicinal Plant Research, 5: 207.
Antiviral IC50=62.5 ug/ml	
Anxiolytic	
CNS-Active	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
COX-2-Inhibitor IC32=100 uM	

Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Carcinogenic 2% (diet)	
Chemopreventive	
Cholagogue	Wichtl, M. 1984. <i>Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart.</i> 393 pp.
Choleretic	Williamson, E. M. and Evans, F. J. <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Clastogenic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Co-carcinogenic	
Collagen-Sparing	
Cytoprotective	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Cytotoxic TC50=200 ug/ml	
DNA-Active	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
DNA-Protective	
Diuretic	Wichtl, M. 1984. <i>Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart.</i> 393 pp.
Fungicide MIC=0.4 mg/ml	
Hepatocarcinogenic 400 ppm diet orl mus (in the absence of alcohol)	
Hepatoprotective	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 210.
Hepatotropic	
Histamine-Inhibitor	
Immunostimulant	
Insectifuge	Tunon, H., Thorsell, W., and Bohlin, L. 1993. Mosquito Repelling Activity of Compounds Occurring in Achillea millefolium L. (Asteraceae). <i>Economic Botany</i> 48(2): 111-120, 1994.
Leukotriene-Inhibitor	
Lipoxygenase-Inhibitor IC27=5 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. <i>J. Agric. Food Chem.</i> 38: 688-690.
Lipoxygenase-Inhibitor IC50=62-148 uM	
Lyase-Inhibitor IC50=94-164 uM	
Metal-Chelator	McEvily, A.J., Iyengar, R., and Gross, A.T. Inhibition of Polyphenol Oxidase by Phenolic Compounds. <i>Phenolic Compounds in Food and Their Effects on Health</i> , Ch.25.
Ornithine-Decarboxylase-Inhibitor	Hagerman, A.E. <i>Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health</i> , Ch.19.
Pesticide	
Prooxidant	
Prostaglandigenic	
Sedative 500 mg	
Sunscreen IC50=2.5 mg/l	Lazarova*, G., Kostova, I., Neychev, H. 1992. Photodynamic damage prevention by some hydroxycoumarins. <i>Fitoterapia</i> 64(2): 134-136, 1993.
Sunscreen IC91=5 mg/l	Lazarova*, G., Kostova, I., Neychev, H. 1992. Photodynamic damage prevention by some hydroxycoumarins. <i>Fitoterapia</i> 64(2): 134-136, 1993.
Sunscreen IC98=25 mg/l	Lazarova*, G., Kostova, I., Neychev, H. 1992. Photodynamic damage prevention by some hydroxycoumarins. <i>Fitoterapia</i> 64(2): 134-136, 1993.
Tumorigenic	Jim Duke's personal files.
Vulnerary	
Xanthine-Oxidase-Inhibitor IC50=39.21 uM	Mills, Simon and Bone, Kerry. 2000. <i>Phytotherapy</i> . Churchill Livingston, Edinburgh.

CALCIUM                      Fruit              235.0            1440.0            -0.56            \*

#### Activities (28)

AntiPMS 1 g/day	
Antiallergic 500 mg/day	
Antianxiety	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antiarrhythmic 500-1,500 mg	
Antiarthritic 1,000 mg/day	
Antiatherosclerotic 500 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Anticlimacteric 1,000-1,500 mg/day	
Antidepressant	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antidote (Aluminum)	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antidote (Lead)	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antihyperkinetic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antihypertensive	
Antiinsomniac	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antimenopausal 1,000-1,500 mg/day	
Antiobesity	
Antiosteoporotic 500-2,000 mg/day	
Antiperiodontic 750 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antirheumatic 1,000 mg/day	

Antitoxic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anxiolytic 500-1,500 mg/day	
Calcium-Channel-Blocker	
Diuretic	
Hypocholesterolemic 500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Hypotensive 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Laxative 1,000-1,200 mg	
Tranquilizer 500-1,500 mg/day	
Vasodilator	
 CALCIUM-NITRATE	Plant -- -- *
CALCIUM-OXALATE	Plant -- -- *
<b>Activities (4)</b>	
Emetic	
Inflammatory	
Laxative	
Lithogenic	
 CAMPESTEROL	Leaf -- -- *
<b>Activities (2)</b>	
Antioxidant IC37=10 uM	
Hypocholesterolemic	Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.
 CAMPESTEROL	Flower -- -- *
<b>Activities (2)</b>	
Antioxidant IC37=10 uM	
Hypocholesterolemic	Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.
 CAPRIFOLIC-ACID	Seed -- 20000.0 *
CAPRONIC-ACID	Seed -- -- *
CAPRYLIC-ACID	Seed -- -- *
<b>Activities (5)</b>	
Antiseptic	
Candidicide 300 mg/man/12 x/day	
Fungicide	
Irritant	
Pesticide	
 CARQUEOL-ACETATE	Flower -- -- *
	Essent. Oil
 CERYL-ALCOHOL	Bark -- -- *
 CHLOROGENIC-ACID	Flower -- 26000.0 -1.0 *
<b>Activities (77)</b>	
Aldose-Reductase-Inhibitor IC50=1.8 uM rat (strong activity)	Yoshikawa, M., et al. 1999. Medicinal Flowers. I. Aldose Reductase Inhibitors and Three New Eudesmane-Type Sesquiterpenes, Kikkansols A, B, and C, From the Flowers of Chrysanthemum indicum L. <i>Chem Pharm Bull</i> , 47(3): 340-345.
Allelochemical	
Allergenic	
Analgesic	
AntiEBV	Economic & Medicinal Plant Research, 6: 189.
AntiHIV	Economic & Medicinal Plant Research, 6: 189.
AntiLegionella	
Antiatherosclerotic	
Antibacterial	
Anticancer (Colon)	
Anticancer (Forestomach)	
Anticancer (Liver)	
Anticancer (Skin)	
Anticarcinogenic	
Antidiabetic	

Antigenotoxic	
Antigonadotropic	Jim Duke's personal files.
Antihemolytic 10 uM	Ohnishi, M., Morishita, H., Iwahashi, H., Toda, S., Shirataki, Y., Kimura, M., and Kido, R. 1993. Inhibitory Effects of Chlorogenic Acids on Linoleic Acid Peroxidation and Haemolysis. <i>Phytochemistry</i> . 36(3): 579-583. 1994.
Antihepatotoxic	
Antitherapeutic	Economic & Medicinal Plant Research, 5: 194.
Antihistaminic	
Antihypercholesterolemic	Economic & Medicinal Plant Research, 6: 189.
Antihyperthyroid	
Antiinflammatory	Hagerman, A.E. Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health, Ch.19.
Antileukotriene	
Antimelanogenic	
Antimutagenic	
Antinitrosaminic	
Antioxidant IC53=200 ppm	Huang, M-T., and Ferraro, T. Phenolic Compounds in Food and Cancer Prevention. Phenolic Compounds in Food and Their Effects on Health, Ch.2 p.21.
Antioxidant IC80=12 uM	
Antioxidant IC50=54.2 uM	
Antiperoxidant IC50=36 uM	Planta Medica, 57: A54, 1991.
Antipolio	Jim Duke's personal files.
Antiradicular 10 uM	Ohnishi, M., Morishita, H., Iwahashi, H., Toda, S., Shirataki, Y., Kimura, M., and Kido, R. 1993. Inhibitory Effects of Chlorogenic Acids on Linoleic Acid Peroxidation and Haemolysis. <i>Phytochemistry</i> . 36(3): 579-583. 1994.
Antiradicular 9 x quercetin	
Antiseptic	
Antisunburn	
Antithyroid	Jim Duke's personal files.
Antitumor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antitumor (Colon)	
Antitumor (Forestomach)	
Antitumor (Liver)	
Antitumor (Skin)	
Antitumor-Promoter IC25=10 uM	
Antiulcer	Economic & Medicinal Plant Research, 6: 189.
Antiviral	Vlietinck, A.J. and Dommisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.
Autotoxic	
CNS-Active	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
CNS-Stimulant 1/6 Caffeine	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990. 399 pp.
Cardioprotective	
Chemopreventive	
Cholagogue	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Choleretic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Clastogenic	Friedman, M. and Dao, L. 1990. Effect of Autoclaving and Conventional and Microwave Baking on the Ergot Alkaloid and Chlorogenic Acid Contents of Morning Glory ( <i>Ipomoea tricolor</i> Cav. cv.) Heavenly Blue Seeds. <i>J. Agric. Food Chem.</i> 38: 805-808.
Collagen-Sparing	
Diuretic	
Fungicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Hepatoprotective	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Histamine-Inhibitor	
Hypoglycemic	
Immunostimulant	
Insectifuge	Tunon, H., Thorsell, W., and Bohlin, L. 1993. Mosquito Repelling Activity of Compounds Occurring in <i>Achillea millefolium</i> L. (Asteraceae). <i>Economic Botany</i> 48(2): 111-120, 1994.
Interferonogenic	Economic & Medicinal Plant Research, 1: 124.
Juvabional	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Larvistat	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Leukotriene-Inhibitor	
Lipoxygenase-Inhibitor IC23=5 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. <i>J. Agric. Food Chem.</i> 38: 688-690.
Metal-Chelator	McEvily, A.J., Iyengar, R., and Gross, A.T. Inhibition of Polyphenol Oxidase by Phenolic Compounds. Phenolic Compounds in Food and Their Effects on Health, Ch.25.
NO-Genic	
Ornithine-Decarboxylase-Inhibitor	Hagerman, A.E. Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health, Ch.19.
Oviposition-Stimulant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	
Sunscreen	
Sweetener	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Vulnerary	

CHOLESTEROL	Flower	--	--	*
<b>Activities (1)</b>				
Antioxidant IC43=10 uM				
CHOLESTEROL	Plant	--	--	*
<b>Activities (1)</b>				
Antioxidant IC43=10 uM				
CHOLESTEROL	Hh	--	--	*
<b>Activities (1)</b>				
Antioxidant IC43=10 uM				
CHOLINE	Leaf	--	--	*
<b>Activities (20)</b>				
Antialzheimeran 5-16 g/man/day				
Antichoreic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.			
Anticirrhotic 6,000 mg/man/day				
Anticystinuric				
Antidementia				
Antidiabetic				
Antidyskinetic 150-200 mg/kg/man/day	Martindale's 28th			
Antihomocysteine				
Antimanic 15-30 g/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).			
Antinociceptive				
Antisteatotic				
Cardiodepressant				
Cerebrotonic				
Cholinergic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.			
Hepatoprotective				
Hypotensive				
Ileorelaxant				
Lipotropic				
Memorigenic				
Parasympathomimetic (1/1,000th acetylcholine)	Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp.			
CHOLINE	Flower	--	--	*
<b>Activities (20)</b>				
Antialzheimeran 5-16 g/man/day				
Antichoreic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.			
Anticirrhotic 6,000 mg/man/day				
Anticystinuric				
Antidementia				
Antidiabetic				
Antidyskinetic 150-200 mg/kg/man/day	Martindale's 28th			
Antihomocysteine				
Antimanic 15-30 g/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).			
Antinociceptive				
Antisteatotic				
Cardiodepressant				
Cerebrotonic				
Cholinergic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.			
Hepatoprotective				
Hypotensive				
Ileorelaxant				
Lipotropic				
Memorigenic				
Parasympathomimetic (1/1,000th acetylcholine)	Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp.			

## Activities (20)

Antialzheimeran	5-16 g/man/day				
Antichoreic		Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.			
Anticirrhotic	6,000 mg/man/day				
Anticystinuric					
Antidementia					
Antidiabetic					
Antidyskinetic	150-200 mg/kg/man/day	Martindale's 28th			
Antihomocysteine					
Antimanic	15-30 g/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).			
Antinociceptive					
Antistearototic					
Cardiodepressant					
Cerebrotonic					
Cholinergic		Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.			
Hepatoprotective					
Hypotensive					
Ileorelaxant					
Lipotropic					
Memorigenic					
Parasympathomimetic (1/1,000th acetylcholine)		Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.			

## CHRYSANTHEMIN

Fruit -- -- \*

## CIS-LINALOOL-OXIDE

Flower  
Essent.  
Oil -- -- \*

## CIS-ROSE-OXIDE

Flower  
Essent.  
Oil -- -- \*

## CITRIC-ACID

Fruit 500.0 7340.0 -0.53 \*

## Activities (23)

Allergenic					
Alpha-Amylase-Inhibitor					
Antiaphthic	20,000 ppm	Martindale's 28th			
Antiatherosclerotic					
Antibacterial					
Anticalculic					
Anticoagulant	Merck 11th Edition				
Antileishmanic					
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.				
Antioxidant Synergist	Merck 11th Edition				
Antiseborrheic					
Antiseptic	Martindale's 29th				
Antitubercular					
Antitumor	Economic & Medicinal Plant Research, 6: 235.				
Disinfectant	Martindale's 29th				
FLavor FEMA 370-4,400	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Hemostat					
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. <i>Flavor and Fragrance Substances</i> , in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals</i> . VCH Publishers, New York. 3560-4253.				
Laxative?	Lawrence Review of Natural Products, Sep-91.				
Litholytic	Martindale's 29th				
Mycobactericide					
Odontolytic	Zebovitz, T. C. Ed. 1989. Part VII. <i>Flavor and Fragrance Substances</i> , in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals</i> . VCH Publishers, New York. 3560-4253.				
Refrigerant	Martindale's 28th				

## CONIINE

Leaf -- -- ANON. 1948-1976. *The Wealth of India raw materials*. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.

## Activities (2)

## Paralytic

## Merck 11th Edition

CYANIDIN-3,5-DIGLUCOSIDE	Fruit	--	--	--	*
CYANIDIN-3-O-(6-O-CIS-P-COUMAROYL-2-O-BETA-D-XYLOPYRANOSYL)-BETA-D-GLUCOPYRANOSIDE-5-O-BETA-D-GLUCOPYRANOSIDE	Fruit	--	--	--	*
CYANIDIN-3-O-(6-O-TRANS-P-COUMAROYL-2-O-BETA-D-XYLOPYRANOSYL)-BETA-D-GLUCOPYRANOSIDE-5-O-BETA-D-GLUCOPYRANOSIDE	Fruit	--	--	--	*
CYANIDIN-3-O-(6-TRANS-P-COUMAROYL-2-O-BETA-D-XYLOPYRANOSYL)-BETA-D-GLUCOPYRANOSIDE	Fruit	--	--	--	*
CYANIDIN-3-SAMBUBIOSIDE	Plant	--	--	--	*
CYANIDIN-3-SAMBUBIOSIDE	Fruit	--	--	--	*
CYANIDIN-3-SAMBUBIOSIDE-5-GLUCOSIDE	Plant	--	--	--	*
CYANIN	Fruit	--	--	--	*

## Activities (5)

Antipolio Economic &amp; Medicinal Plant Research, 5: 197.

Antiviral Economic &amp; Medicinal Plant Research, 5: 197.

Emetic

Pesticide

Pigment Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor &amp; Frost, London. 791 pp.

CYCLOARTENOL	Flower	--	--	--	*
--------------	--------	----	----	----	---

## Activities (7)

Antibacterial

Antiinflammatory

Antirheumatic 2-5 mg/man

Antistaphylococic

Hypocholesterolemic

Pesticide

Ubiquot Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor &amp; Frost, London. 791 pp.

DEXTROSE	Fruit	25000.0	30000.0	-1.0	*
----------	-------	---------	---------	------	---

## Activities (1)

Sweetener 0.74 x sucrose

Martindale's 28th

EMULSIN	Plant	--	--	--	*
EO	Flower	37.0	3200.0	-0.32	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
ETHYL-AMINE	Flower	--	--	--	*
ETHYL-SALICYLATE	Leaf Essent. Oil	--	--	--	*

## Activities (4)

Analgesic Martindale's 28th

Antimyalgic Martindale's 28th

Antirheumatalgic Martindale's 28th

FLavor FEMA &lt;1-1000 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

FAT	Fruit	800.0	5045.0	-0.6	*
FAT	Seed	--	123000.0	-0.75	*
FAT	Leaf	--	48200.0	-0.16	*
FATTY-ACIDS	Flower	--	2000.0	--	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

## Activities (61)

Allelopathic	Holappa, L.D., and Blum*, U. 1991. Effects of Exogenously Applied Ferulic Acid, a Potential Allelopathic Compound, on Leaf Growth, Water Utilization, and Endogenous Abscisic Acid Levels of Tomato, Cucumber, and Bean. <i>J. of Chemical Ecology</i> , 17(5): 865.
Analgesic	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 69.
Antiaggregant	Ozaki, Y. and Ma, J-P. 1989. Inhibitory Effects of Tetramethylpyrazine and Ferulic Acid on Spontaneous Movement of Rat Uterus in Situ. <i>Chem. Pharm. Bull.</i> 38(6): 1620-1623, 1990.
Antiallergic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antiarrhythmic	
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anticancer (Colon)	
Anticancer (Forestomach)	
Anticancer (Liver)	
Anticancer (Skin)	
Anticarcinogenic	
Antidysmenorrheic	
Antiestrogenic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antihepatotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiherpetic	
Antiinflammatory	Hagerman, A.E. Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health, Ch.19.
Antileukemic IC50=25-56 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antimitotic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antimutagenic	Ki Soon Rhee. Oilseed Food Ingredients Used To Minimize Oxidative Flavor Deterioration in Meat Products. Phenolic Compounds in Food and Their Effects on Health, Ch.18.
Antineoplastic (Stomach)	
Antinitrosaminic	Ki Soon Rhee. Oilseed Food Ingredients Used To Minimize Oxidative Flavor Deterioration in Meat Products. Phenolic Compounds in Food and Their Effects on Health, Ch.18.
Antioxidant 3,000 uM	
Antioxidant IC51=200 ppm	
Antioxidant 1/3 quercetin	
Antioxidant 1/2 BHA	
Antioxidant EC50=9-15 ug/ml	
Antiradicular EC50=9-15 ug/ml	
Antiradicular IC50=116-124 uM	
Antiserotonin	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antispasmodic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antithrombic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antitumor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antitumor (Colon)	
Antitumor (Forestomach)	
Antitumor (Liver)	
Antitumor (Skin)	
Antitumor-Promoter IC46=10 uM	Cancer Research, 48: 5941.
Antiviral	Vlietinck, A.J. and Dommisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.
Arteriodilator	Ozaki, Y. and Ma, J-P. 1989. Inhibitory Effects of Tetramethylpyrazine and Ferulic Acid on Spontaneous Movement of Rat Uterus in Situ. <i>Chem. Pharm. Bull.</i> 38(6): 1620-1623, 1990.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Cardiac	Ozaki, Y. and Ma, J-P. 1989. Inhibitory Effects of Tetramethylpyrazine and Ferulic Acid on Spontaneous Movement of Rat Uterus in Situ. <i>Chem. Pharm. Bull.</i> 38(6): 1620-1623, 1990.
Cholagogue	Pharmazie, 46: 156, 1991.
Choleretic	Williamson, E. M. and Evans, F. J. Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Fungicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Hepatoprotective	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingston, Edinburgh.
Hepatotropic	
Herbicide	Angewandte Botanik 68(5/6)=1994. Page 195.
Hydrocholerectic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Hypolipidemic	
Immunostimulant	Economic & Medicinal Plant Research, 1: 124.

Metal-Chelator	McEvily, A.J., Iyengar, R., and Gross, A.T. Inhibition of Polyphenol Oxidase by Phenolic Compounds. Phenolic Compounds in Food and Their Effects on Health, Ch.25.
Ornithine-Decarboxylase-Inhibitor	Hagerman, A.E. Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health, Ch.19.
Pesticide	
Phagocytotic	
Preservative	Merck 11th Edition
Prostaglandigenic	
Prostaglandin-Synthesis-Inhibitor 0.58-3.2 mM	Xu, L. N., Yu, W. G., Tian, J. Y., Liu, Q. Y. 1990. Effect of Sodium Ferulate on Arachidonic Acid Metabolism. <i>Yao Hsueh Hsueh Pao</i> , 25(6): 412-416.
Sunscreen	Chemical Marketing Reporter; a weekly tabloid, 9/10/92.
Uterosedative 30-100 mg/kg ivn rat	Ozaki, Y. and Ma, J-P. 1989. Inhibitory Effects of Tetramethylpyrazine and Ferulic Acid on Spontaneous Movement of Rat Uterus in Situ. <i>Chem. Pharm. Bull.</i> 38(6): 1620-1623, 1990.

FIBER	Fruit	63000.0	392935.0	2.37	*
-------	-------	---------	----------	------	---

**Activities (15)**

Angiotensin-Receptor-Blocker	
Antidiabetic	
Antihypertensive	
Antiobesity	
Antitumor	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiulcer	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Beta-Blocker	
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Diuretic	
Hypocholesterolemic	
Hypotensive 10 g/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Hypouricemic	
Laxative	
Vasodilator	

FLAVOXANTHIN	Plant	--	--		Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
--------------	-------	----	----	--	--

## FRUCTOSE

FRUCTOSE	Fruit	24100.0	154150.0	1.57	*
----------	-------	---------	----------	------	---

**Activities (8)**

Antialcoholic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antidiabetic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antihangover	
Antiketotic	Merck 11th Edition
Antinauseant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Laxative	
Neoplastic	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Sweetener 2 x glucose	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.

## GLUCOSE

GLUCOSE	Fruit	31000.0	221410.0	1.45	*
---------	-------	---------	----------	------	---

**Activities (7)**

Acetylcholinergic	
Antiedemic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antihepatotoxic	Merck 11th Edition
Antiketotic	Merck 11th Edition
Antivaricose	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Hyperglycemic	Merck 11th Edition
Memory-Enhancer	Science News, 138: 189, 1990.

GLUCOSIDES	Plant	--	640.0		*
HENEICOSANE	Plant	--	23000.0	1.41	*

HEPTACOSAN-1-OL	Flower	--	--		*
HEPTADECAN-1-OL	Flower	--	--		*

HEPTADECENOIC-ACID	Flower	--	--		*
--------------------	--------	----	----	--	---

HEPTAN-1-AL	Flower Essent. Oil	--	--	*
HEX-2-EN-1-AL	Flower Essent. Oil	--	--	*
HEX-2-EN-1-AL	Leaf Essent. Oil	--	--	*
HEX-3-EN-1-OL	Leaf Essent. Oil	--	--	*
HEX-3-EN-1-OL	Flower Essent. Oil	--	--	*
HEX-4-EN-1-OL	Flower Essent. Oil	--	--	*
HEXACOSAN-1-OL	Flower	--	--	*
HEXAN-1-AL	Flower Essent. Oil	--	--	*
HEXAN-1-OL	Flower Essent. Oil	--	--	*
HEXAN-1-OL	Leaf Essent. Oil	--	--	*
HEXEN-2-AL	Plant	--	--	*
HOTRIENOL	Flower Essent. Oil	--	--	*
HYPEROSIDE	Plant	--	--	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.

#### Activities (30)

Aldose-Reductase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, Londón. 791 pp.
Analgesic	
Antiaging	
Antibacterial MIC=250-500 ug/ml	Planta Medica, 57: A43, 1991.
Anticancer	
Anticapillary-Fragility	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)</i> Marcel Dekker, Inc. NY. 665 pp.
Antidermatitic	
Antielastase IC50=0.15 ug/ml	
Antiflu	Leung, A.Y., <i>Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics</i> , John Wiley & Sons, New York, 1980.
Antihepatotoxic	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)</i> Marcel Dekker, Inc. NY. 665 pp.
Antiinflammatory 1/4 indomethacin	Planta Medica, 57: A131, 1991.
Antiischemic	
Antinociceptive	
Antioxidant IC50=4.6 uM	
Antiradicular	
Antitussive	
Antiviral	
Antiwrinkle	
Calcium-Antagonist	
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Capillarifortificant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, Londón. 791 pp.
Capillarigenic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, Londón. 791 pp.
Cyclooxygenase-Activator 100 uM	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. <i>Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D)</i> , 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Diuretic	

ug/ml	38(8): 2201-2203, 1990.
Hypotensive ivn dog	
Pesticide	
Tissue-Thromboplastin-Inhibitor IC50=20.8 μM	
Xanthine-Oxidase-Inhibitor	
cAMP-Inhibitor IC50=0.14 mg/ml	Schussler, M., Fricke, U., Nikolov, N., and Holzl, J. 1991. Comparison of the Flavonoids Occurring in Crataegus species and Inhibition of 3',5'-Cyclic Adenosine Monophosphate Phosphodiesterase. Plant Medica 57: Suppl Issue 2. p.A-133.

INDOLE	Leaf	--	--	*
	Essent.			
	Oil			

#### Activities (15)

Aldose-Reductase-Inhibitor	
Antiacne	
Antibacterial MIC=800 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. <i>J. Agric. Food Chem.</i> 41: 1102-1105.
Antibacterial MBC=800 ug/ml	
Anticariogenic MIC=800 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. <i>J. Agric. Food Chem.</i> 41: 1102-1105.
Antisalmonella MIC=800 ug/ml	
Antiseptic 800 ug/ml	
Antistreptococcic	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Carcinogenic	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Insectiphile	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery Fragrance	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Pesticide	
Tumorigenic	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

INVERTOSE	Plant	--	--	*
IRON	Fruit	15.0	90.0	-0.17

#### Activities (6)

Antiakathisic	Martindale's 29th
Antianemic	Martindale's 29th
Anticanker	
Anticheilitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimenorrhagic 100 mg/day/wmn/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Prooxidant	

ISOAMYL-ACETATE	Flower	--	--	*
	Essent.			
	Oil			

#### Activities (2)

Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Perfumery Fragrance	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

ISOAMYL-ALCOHOL	Flower	--	--	*
	Essent.			
	Oil			

#### Activities (3)

Emetic	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Perfume	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

ISOAMYL-AMINE	Plant	--	--	*
	Essent.			

ISOBUTYL-AMINE	Flower	--	--	*
ISOQUERCITRIN	Flower	--	--	*
<b>Activities (22)</b>				
ACE-Inhibitor ID50=300 ug/ml rat (24 hr.)				
Aldose-Reductase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Anticancer				
Antielastase IC50=0.7 ug/ml				
Antifeedant	Russell, G. B., Phytochemical resources for crop protection, N. Z. J. Technol., 2, 1986, 127-134.			
Antiinflammatory				
Antinociceptive				
Antioxidant 1/4 quercetin				
Antioxidant IC50=9.0 uM				
Antiradicular 1/4 quercetin				
Antitumor				
Antitumor-Promoter				
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.			
Capillarogenic				
Diaphoretic				
Diuretic 10 ppm	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.			
Hypotensive	Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990.			
Insectiphile	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Pesticide				
TNF-alpha-Inhibitor				
Topoisomerase-II-Inhibitor 550 ug/ml	Bernard, F. X., Sable, S., Cameron, B., Provost, J., Desnottes, J. F., Crouzet, J., Blanche, F. 1997. Glycosylated Flavones as Selective Inhibitors of Topoisomerase IV. Antimicrobial Agents & Chemotherapy, 41: 992-998.			

KAEMPFEROL	Flower	--	--	*
<b>Activities (75)</b>				
11B-HSD-Inhibitor				
5-Lipoxygenase-Inhibitor IC50 (uM)=20				
Aldose-Reductase-Inhibitor 100 uM	Oliveira, T. T., Nagem, T. J., Miranda, L. C. G., Paula, V. F., Teixeira, M. A. 1997. Inhibitory Action on Aldose Reductase by Soybean Flavonoids. J Braz Chem Soc, 8(3): 211-213.			
Antiaflatoxin IC50=8.73 uM				
Antiaflatoxin IC50=3.28 ppm				
Antiaggregant 30 uM				
Antiallergic				
Antibacterial 20 ug/ml				
Anticancer				
Antifertility 250 mg/kg/day/60 days/orl rat	Kumar, P., Dixit*, V.P., and Khanna, P. Antifertility Studies of Kaempferol: Isolation and Identification from Tissue Culture of some Medicinally Important Plant Species. Plantes medicinales et phytotherapie, 23: 193-201, 1989.			
Antigingivitic 20 ug/ml				
Antiherpetic 23-92 ug/ml	Amoros, M., Simoes, C.M.O., Girre, L., et al. Synergistic Effect Of Flavones And Flavonols Against Herpes Simplex Virus Type 1 In Cell Culture. Comparison With The Antiviral Activity Of Propolis. J. of Natural Products 55(12):1732-1740, 1992.			
Antihistaminic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.			
Antiimplantation				
Antiinflammatory 20 mg/kg				
Antiinflammatory 200 mg/kg ipr rat				
Antileukemic IC50=3.1 ug/ml	Life Sciences 55: 1061.			
Antilymphocytic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Antimutagenic ID50=10-40 nM	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.			
Antioxidant IC50=40 uM				
Antioxidant 3/4 quercetin				
Antioxidant IC50=1.2 ug/ml				
Antiperiodontic 20 ug/ml				

Antiradicular 7 x quercetin	
Antiseptic 20 ug/ml	
Antiserotonin 200 mg/kg ipr rat	
Antispasmodic	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, réprint 1989.
Antistaphylococcic	
Antitumor	
Antitumor-Promoter	Yasukawa, K., Takido, M., Takeuchi, M., Sato, Y., Nitta, K., and Nakagawa, S. 1989. Inhibitory Effects of Flavonol Glycosides on 12-O-Tetradecanoylphorbol-13-acetate-Induced Tumor Promotion. <i>Chem. Pharm. Bull.</i> 38(3): 774-776, 1990.
Antiulcer 50-200 mg/kg ipr rat	
Antiviral 23-92 ug/ml	
Apoptotic 60 uM	
Aromatase-Inhibitor IC12=1 uM/l	Journal of Medicinal Food 2: 235.1999.
COX-2-Inhibitor	
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Carcinogenic	Hutchings, A, Scott, AH, Lewis, G, and Cunningham, A. 1996. <i>Zulu Medicinal Plants. An inventory</i> . University of Natal Press, Pietermaritzburg. 450 pp.
Choleretic	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.
Copper-Chelator	
Cyclooxygenase-Inhibitor IC50 (uM) =20	
Cytotoxic	
Diaphoretic?	Lawrence Review of Natural Products, Dec-90.
Diuretic	
Estrogenic EC50=0.1-25 uM/l	Journal of Medicinal Food 2: 227.1999.
Estrogenic EC50=0.56 uM	
Fungicide 20 ug/ml	Father Nature's Farmacy: The aggregate of all these three-letter citations.
HIV-RT-Inhibitor IC50=50-150 ug/ml	Garcia, J., Morin,* C., Nyasse, B., Sondengam, B-L., Tchouankeu, J-C., and Tsamo, E. Complete Structural Assignments Of An Ergosterol Derivative From Entandrophragma utile. <i>Journal of Natural Products</i> , 54(1): 136-142, 1991.
Hepatoprotective IC50=5.46 uM	
Hepatoprotective IC50=1.30 ppm	
Hypotensive	
ICAM-1-Inhibitor	
Inotropic	
Iodothyronine-Deiodinase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
JNK-Inhibitor	
Lipoxygenase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
MAO-Inhibitor	
Mutagenic	
NO-Inhibitor IC50=13.9 uM	
Natriuretic	
Neuroprotective	
PAF-Inhibitor	
Pesticide	
Protosticide	Meckes, M., Calzada, F., Tapia-Contreras, A., Cedillo-Rivera, R. 1999. Antiprotozoal Properties of <i>Helianthemum glomeratum</i> . <i>Phytotherapy Research</i> , 13(2): 102-105.
Quinone-Reductase-Inducer 3 uM	
TNF-alpha-Inhibitor IC50=3.99 uM	
Teratologic	
Topoisomerase-I-Inhibitor	Santti, R., Makela, S., Strauss, L., Korman, J., Kostian, M. L. 1998. Phytoestrogens: Potential Endocrine Disruptors in Males. <i>Toxicol Ind Health</i> , 14: 223-237.
Topoisomerase-II-Inhibitor IC50=8.1 ug/ml	Constantinou, A., Mehta, R., Runyan, C., Rao, K., Vaughan, A., Moon, R. 1995. Flavonoids as DNA Topoisomerase Antagonists and Poisons: Structure-Activity Relationships. <i>J Natural Products</i> , 58: 217-225.
Tyrosinase-Inhibitor ID50=230 uM	
Uterotrophic EC50=0.1-25 uM/l	Journal of Medicinal Food 2: 227.1999.
Vasodilator	
cAMP- Phosphodiesterase-Inhibitor	
iNOS-Inhibitor IC50=<15 uM	
iNOS-Inhibitor IC50=13.9 uM	

**Activities (8)**

Acidulant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Antileukorrhic	Martindale's 29th
Antioxidant Synergist	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Antivaginitic	Martindale's 29th
Antixerotic	Martindale's 29th
FLavor FEMA 10-25,000	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Irritant	Zeebovitz, T. C. Ed. 1989. Part VII. <i>Flavor and Fragrance Substances</i> , in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals.</i> VCH Publishers, New York. 3560-4253.
Keratolytic	Martindale's 28th

LAURIC-ACID

Flower -- -- \*

**Activities (7)**

Antibacterial	
Antioxidant IC71=60	
Antiviral	
COX-1-Inhibitor IC40=100	
COX-2-Inhibitor IC20=100	
Candidicide	
Hypercholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. <i>CRC Handbook of Lipids in Human Nutrition.</i> CRC Press. Boca Raton, FL. 233 pp.)

LAURIC-ACID

Seed -- -- \*

**Activities (7)**

Antibacterial	
Antioxidant IC71=60	
Antiviral	
COX-1-Inhibitor IC40=100	
COX-2-Inhibitor IC20=100	
Candidicide	
Hypercholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. <i>CRC Handbook of Lipids in Human Nutrition.</i> CRC Press. Boca Raton, FL. 233 pp.)

LEVULOSE

Fruit 21000.0 29000.0 -1.0 \*

**Activities (1)**

Sweetener 1.73 x sucrose	Martindale's 28th
--------------------------	-------------------

LIMONENE

Flower -- -- \*  
Essent.  
Oil**Activities (60)**

AChE-Inhibitor	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. &amp; Physiol.</i> , 23, 1985, 383-8.
Acaricide LC100=8 uM	
Allelochemic	
Allergenic 1/20th carene	
Antiacetylcholinesterase IC22-26=1.2 mM	
Antiadrenomimetic	
Antialzheimeran?	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. &amp; Physiol.</i> , 23, 1985, 383-8.
Antiasthmatic	
Antibacterial	<i>Revista Italiana Eppos</i> , 12: 5, 1994.
Anticancer	
Antiesophagitic	
Antifeedant	
Antiflu	<i>Economic &amp; Medicinal Plant Research</i> , 5: 195.
Antiinflammatory	
Antilithic	
Antilymphomtic	
Antimetastatic (Stomach)	
Antimutagenic	<i>Economic &amp; Medicinal Plant Research</i> , 6: 235.
Antioesity	
Antiseptic	
Antispasmodic ED50=0.197 mg/ml	<i>Fitoterapia</i> No.59-1984.
Antitumor	

Antitumor (Colon)	
Antitumor (Pancreas)	
Antitumor (Prostate)	
Antitumor (Stomach)	
Antiviral	
Apoptotic	
Bronchoprotectant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidstat	
Chemopreventive	
Cholesterolytic	
Detoxicant	
Enterococontractant	J. Aromatherapy 4: 22.
Expectorant	
Flavor	
Fungiphilic	J. Agric. Food Chem. 43: 2283.
Fungistat	
GST-Inducer	
Herbicide IC50=45 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Histaminic	
Immunomodulator	
Insecticide 0.37 uM/fly	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Interleukin-6-Inhibitor	
Irritant	
Lipolytic	
Myorelaxant 50 mg/kg	
NO-Genic	
Nematicide IC=100 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Ornithine-Decarboxylase-Inhibitor ~750 mg/kg (diet)	
Ozone-Scavenger	
P450-Inducer	
Peristaltic	
Pesticide	
Photosensitizer	Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.
Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164.156.176)
Transdermal	

#### LINALOOL

Flower	--	--	*
Essent.			
Oil			

#### Activities (53)

Acaricide C90=<15 u/l (=<15 ppm)	
Allergenic	
Analgesic	
Anesthetic 0.01-1 ug/ml	
Antiacyetylcholinesterase	
Antiallergic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antianaphylactic	
Antibacterial MIC=1,600 ug/ml	
Anticariogenic MIC=1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Anticolic	
Anticonvulsant 200 mg/kg ipr mus	
Antiedemic	
Antiglutameric	
Antihistaminic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antiinflammatory	
Antileukemic IC50=3.5-4.2 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antilymphomeric IC50=3.5-4.2 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antimange	
Antimite	

Antiseptic 5 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Antishock	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antispasmodic	Buchbauer, G., Jirovetz*, L., Nikiforov, A., Remberg, G., Raverdino, V. 1989. Headspace-Analysis and Aroma Compounds of Austrian Hay-Blossoms (Flores Graminis, Graminis Flos) used in Aromatherapy. <i>J. Ess. Oil Res.</i> , 2: 185-191, 1990.
Antiviral	
Barbituate-Synergist	
Bronchorelaxant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
CNS-Depressant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidstat	
Carminative	
Culicide LC50=156-194 mg/l	
Cytotoxic	
Expectorant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
FLavor FEMA 2-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Acta Botanica Sinica, 32: 49.
GABA-nergic	
Hypnotic	
Hypothermic	
Insecticide LC50=156-194 mg/l	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Zebowitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Larvicide LC50=156-194 mg/l	
Mosquitofuge > Deet	
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Theapeutic properties of essential oils and fragrances, Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Merck 11th Edition
Pesticide	
Prooxidant	Charalambous, G. (Ed.). 1994. Spices, Herbs and Edible Fungi. Elsevier Science B. V. Amsterdam. 764 pp.
Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Sedative 200 mg/kg ipr mus (1% as active as diazepam)	
Termitifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Trichomonicide LD100=600 ug/ml	
Tumor-Promoter	

#### LINOLEIC-ACID

Leaf -- -- \*

#### Activities (27)

##### 5-Alpha-Reductase-Inhibitor

AntiMS	Economic & Medicinal Plant Research, 6: 189.
Antiacne	
Antiallopecic	
Antianaphylactic	Economic & Medicinal Plant Research, 6: 189.
Antiandrogenic	
Antiarteriosclerotic	
Antiarthritic	Economic & Medicinal Plant Research, 6: 189.
Anticoronal	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antieczemic	Economic & Medicinal Plant Research, 6: 189.
Antifibrinolytic	Economic & Medicinal Plant Research, 1: 53.
Antigranular	
Antihistaminic	Economic & Medicinal Plant Research, 6: 189.
Antiinflammatory IC50=31 uM	
Antileukotriene-D4 IC50=31 uM	
Antimennorrhagic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiprostatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Carcinogenic	Science News, 146: 421.
Comedolytic	
Hepatoprotective	
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Immunomodulator	Economic & Medicinal Plant Research, 6: 189.
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Metastatic	Science News, 146: 421.

## Propecic

### LINOLEIC-ACID

Flower -- -- \*

#### Activities (27)

##### 5-Alpha-Reductase-Inhibitor

AntiMS Economic & Medicinal Plant Research, 6: 189.

##### Antiacne

##### Antialopecic

Antianaphylactic Economic & Medicinal Plant Research, 6: 189.

##### Antiandrogenic

##### Antiarteriosclerotic

Antiarthritic Economic & Medicinal Plant Research, 6: 189.

##### Anticorony

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

##### Antieczemic

Economic & Medicinal Plant Research, 6: 189.

##### Antifibrinolytic

Economic & Medicinal Plant Research, 1: 53.

##### Antigranular

##### Antihistaminic

Economic & Medicinal Plant Research, 6: 189.

##### Antiinflammatory IC50=31 uM

Antileukotriene-D4 IC50=31 uM

Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

##### Antiprostatic

Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

##### Cancer-Preventive

Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

##### Carcinogenic

Science News, 146: 421.

##### Comedolytic

##### Hepatoprotective

Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)

##### Hypocholesterolemic

Economic & Medicinal Plant Research, 6: 189.

##### Immunomodulator

Insectifuge Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

##### Metastatic

Science News, 146: 421.

##### Nematicide

Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.

##### Propecic

### LINOENIC-ACID

Flower -- -- \*

### LUPEOL

Flower -- -- \*

#### Activities (21)

##### AntiEBV

##### Antiangiogenic 30-50 ug/ml

##### Antiedemic

##### Antiflu

##### Antihyperglycemic

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

##### Antiinflammatory 1/3 indomethacin

##### Antilithic 25 mg/kg/day

##### Antimalarial IC50=46.8 ug/ml Khalid, S.A., Farouk, A., Geary\*\*, T.G., and Jensen, J.B. 1985. Potential Antimalarial Candidates From African Plants: An In Vitro Approach Using Plasmodium falciparum\*. Journal of Ethnopharmacology, 15: 201-209, 1986.

##### Antioxalate 25 mg/kg/day

##### Antioxidant 25 mg/kg/day

##### Antiperoxidant 25 mg/kg/day

##### Antiprostaglandin

##### Antirheumatic

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

##### Antitumor

##### Antiurethrotic

##### Antiviral

##### Cytotoxic 50-500 ppm

##### FPTase-Inhibitor IC50=65 ug/ml

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

##### Hypotensive

##### Pesticide

##### TOPO-2-Inhibitor IC50=10.4 uM

**Activities (65)**

AntiCFS	
AntiLyme 400-1,000 mg	
AntiMS	
AntiPMS 400-800 mg/day/wmn/orl	
AntiPMS 400-800 mg/day/wmn orl	
AntiRaynaud's 280-350 mg/day	
Antiaggregant 400 mg/day	
Antialcoholic	
Antianginal 400 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antianorectic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antianxiety 400 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiarrhythmic 400 mg/day	
Antiarthritic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiatherosclerotic 400 mg/day	
Anticephalagic	
Anticlimacteric 500-750 mg/day	
Anticonvulsant	Facciola, S. 1998. <i>Cornucopia - A Source Book of Edible Plants</i> . Kampong Publications, Vista CA. 713 pp.
Anticorony 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antidepressant	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antidiabetic 400-800 mg/man/day	
Antidysmenorrheic 100 mg 4 x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiendometriotic 500 mg/day	
Antienteric	
Antiepileptic 450 mg/day	
Antifatigue	
Antifibromyalgic 200-300 mg 3x/day	
Antigastrotic	
Antiglaucomic	
Antihyperkinetic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antihypertensive	
Antihypoglycemic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antiinflammatory 100 mg 4 x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiinsomniac	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antilithic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimastalgic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimenopausal 500-750 mg/day	
Antimigraine 200 mg/day/man	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antimiral-valve-prolapse	
Antinephrolytic	
Antineurotic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antosteoporotic 500-1,000 mg/day/wmn/orl	
Antiplaque 500-1,000 mg/day	
Antiretinopathic 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antispasmodic	
Antispasmophilic 500 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antistress 500-750 mg/day	
Antistroke 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antisyndrome-X 400 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Anxiolytic 500-750 mg/day	
CNS-Depressant	Facciola, S. 1998. <i>Cornucopia - A Source Book of Edible Plants</i> . Kampong Publications, Vista CA. 713 pp.
Calcium-Antagonist	
Cardioprotective	
Diuretic	
Hypocholesterolemic 400 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Hypotensive 260-500 mg/day	

Insulinogenic 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Laxative 300-500 mg/day	
Litholytic	
Myorelaxant 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Neurotransmitter	
Tranquilizer 500-750 mg/day	
Uterorelaxant 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Vasodilator	

MALIC-ACID	Fruit	1200.0	19000.0	0.29	*
------------	-------	--------	---------	------	---

#### Activities (15)

Antiatherosclerotic	
Antibacterial	
Antifibromyalgic 300 mg 3x/day	
Antioxidant Synergist	Merck 11th Edition
Antiseborrheic	
Antiseptic	Martindale's 29th
Antitubercular	
Antitumor	Economic & Medicinal Plant Research, 6: 235.
Bacteristat	
Bruchiphobe	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Hemopoietic	
Laxative?	Lawrence Review of Natural Products, Sep-91.
Mycobactericide	
Pesticide	
Sialogogue	Martindale's 29th

MANGANESE	Fruit	2.0	11.0	-0.33	*
-----------	-------	-----	------	-------	---

#### Activities (14)

AntiPMS	
Antialcoholic	Forest H. Nielsen, USDA, Grand Forks, various publications.
Antianemic	Martindale's 28th
Antiarthritic	
Antidiabetic 3-5 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidiabetic 10-30 mg/man/day	
Antidisccotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidyskinetic	Martindale's 28th
Antiepileptic 450 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antosteoporotic	
Antiototic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antioxidant	
Antisyndrome-X 10-30 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypoglycemic 10-30 mg/man/day	

MARGARIC-ACID	Flower	--	--	*
---------------	--------	----	----	---

MENTHOL	Flower Essent. Oil	--	--	*
---------	--------------------------	----	----	---

#### Activities (63)

Allergenic	Martindale's 29th
Analgesic	Martindale's 28th
Anesthetic 2,000 ppm	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Antiacyetylcholinesterase IC50=2.0 mM	
Antiaggregant IC50=750	
Antiallergic	J. Food Hyg. Soc. Jap. 33(6): 569.
Antiasthmatic	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingston, Edinburgh.
Antibacillus MIC=1.25 mg/ml	
Antibacterial MIC=0.625-2.5	
Antibronchitic	Martindale's 28th

Antiescherichic MIC=1.25 mg/ml	
Antihalitotic	American Health, 12(4): 17, 1993.
Antihistaminic	J. Food Hyg. Soc. Jap. 33(6): 569.
Antiinflammatory	Martindale's 28th
Antilisteria MIC=0.625 mg/ml	
Antineuragic	
Antiodontalgic	Martindale's 28th
Antipruritic	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Antipyretic	
Antirheumatic	Martindale's 28th
Antisalmonella MIC=0.625 mg/ml	
Antiseptic 4 x phenol	Wagner & Wolff, eds. 1977. <i>New Natural Products</i> (RS164. I56. 176)
Antisinusitic	Martindale's 28th
Antispasmodic ED50=0.01 mg/ml	Fitoterapia No.59-1984.
Antistaphylococcal MIC=0.625 mg/ml	
Antistreptococcal MIC=0.4 mg/ml	
Antitartrar	
Antivaginitic	
Antivulvitic	
Bradycardic 65 mg/3 x day/woman	Martindale's 28th
Bronchomucolytic	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 200.
Bronchomucotropic	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Bronchorrheic	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 200.
CNS-Depressant	
CNS-Stimulant	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Calcium-Antagonist	
Candidicide MIC=0.625 mg/ml	
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Choleretic	
Ciliotoxic	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Congestant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Convulsant	R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. <i>This and That: The Essential Pharmacology of Herbs and Spices</i> . Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. <i>Anns. Intern. Med.</i> 117(2):165-6; Huxtable, R.
Counterirritant	
Decongestant? 11 mg/man	Eccles, R., et al. 1989. The effects of oral administration of (-)-menthol on nasal resistance to airflow and nasal sensation of airflow in subjects suffering from nasal congestion associated with the common cold. <i>J. Pharm. Pharmacol.</i> 42: 652-654, 1990.
Dermatitogenic	
Diaphoretic	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Enterorelaxant	J. Aromatherapy 4: 22.
Expectorant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Gastrosedative	Merck 11th Edition
Irritant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Myorelaxant	Martindale's 29th
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Neurodepressant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Neuropathogenic 40-100 mg/day/rat	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Nociceptive	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Perfumery	Merck 11th Edition
Pesticide	
Refrigerant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Rubefacient	
Termitticide	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Transdermal	
Vibriocide	

## Oil

### Activities (2)

FLavor 18-May Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
MONTANYL-ALCOHOL	Flower	--	--	--	*
MORRONISIDE	Shoot	--	1400.0	1.0	*
MUCILAGE	Plant	--	--		Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.

### Activities (3)

Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Demulcent	
Hypocholesterolemic	

### MYRCENE

	Flower	--	--	--	*
	Essent.				
	Oil				

### Activities (22)

ACE-Inhibitor 100 ug/ml	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Allergenic	
Analgesic	Kauderer, B., Zamith, H., Paumgartten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.
Antibacterial	
Anticonvulsant	
Antimutagenic	Kauderer, B., Zamith, H., Paumgartten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.
Antinitrosaminic	
Antinociceptive 10-20 mg/kg ipr mus	Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.
Antinociceptive 20-40 mg/kg scu mus	Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.
Antioxidant	Jim Duke's personal files.
Antispasmodic	Jim Duke's personal files.
Chemopreventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
FLavor FEMA 0.5-9	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds</i> . (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Hypothermic	
Insectifuge	
Irritant	Zebowitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals</i> . VCH Publishers, New York. 3560-4253.
Myorelaxant 100-200 mg/kg	
P450-2B1-Inhibitor IC50=0.14 uM	
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Pesticide	

### MYRISTIC-ACID

	Seed	--	--	--	*

### Activities (6)

Antioxidant IC71=60	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Hypercholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. <i>CRC Handbook of Lipids in Human Nutrition</i> . CRC Press. Boca Raton, FL. 233 pp.)
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.

### MYRISTIC-ACID

	Flower	--	--	--	*

### Activities (6)

Antioxidant IC71=60	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.

Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
N-HENEICOSANE	Flower Essent. Oil
N-HENTRIACONTANE	Leaf
<b>Activities (3)</b>	
Antiinflammatory	
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Diuretic	
N-HEPTACOSANE	Leaf
N-HEPTADECANE	Flower Essent. Oil
N-HEXADECANE	Leaf
<b>Activities (2)</b>	
Bacteristat	
Pesticide	
N-NONACOSANE	Leaf
<b>Activities (1)</b>	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
N-NONADECANE	Flower Essent. Oil
N-OCTACOSANE	Leaf
N-OCTADECANE	Flower Essent. Oil
N-PENTACOSANE	Leaf
N-TETRADECANE	Leaf Essent. Oil
N-TRIACONTANE	Leaf
N-TRICOSANE	Flower Essent. Oil
NEROL	Flower Essent. Oil
<b>Activities (10)</b>	
Antibacterial	HerbalGram No. 17.
Antihelicobacter	
Antiseptic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antiulcer	
Estrogenic	
FLavor FEMA 1-20	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Perfumery	Merck 11th Edition
Pesticide	
Sedative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Trichomonicide ED100=300 ug/ml	
NEROL-OXIDE	Flower Essent. Oil

### Activities (39)

Allergenic	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
AntiLyme 50 mg/day	Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.
AntiMeniere's	
AntiRaynaud's 1,500-4,000 mg/day	
Antiacrodynic	
Antiallergic 50 mg/2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antialzheimeran	
Antiambyopic	
Antianginal	
Anticataract	
Antichilblain	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anticonvulsant 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidementia	
Antidermatitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidiabetic	
Antidysphagic	
Antiepileptic 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihangover 50 mg	
Antihistaminic 50 mg 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihyperactivity 1.5-6 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomnic 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antineuralgic	
Antiparkinsonian 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipellagric	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiscotomic	
Antispasmodic 100 mg 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antivertigo	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Circulotonic	
Fibrinolytic	
Hepatoprotective	
Hepatotoxic	
Hypocholesterolemic 50-100 mg 3x/day	
Hypoglycemic	
Hypolipidemic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Sedative	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Serotonergic	
Vasodilator	Martindale's 29th

### NICOTINIC-ACID

Fruit	--	--	*
-------	----	----	---

### Activities (11)

AntiCrohn's	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antichilblain 50 mg/3x/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (pesticides)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antischizophrenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antithyrotoxic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Choleretic	
Hypocholesterolemic 1-6 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Hypoglycemic	
Insulinase-Inhibitor	Economic & Medicinal Plant Research, 6: 157.
Insulinotonic	Economic & Medicinal Plant Research, 6: 157.
Lipolytic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

### NIGRIN-B

Bark	--	--	*
------	----	----	---

### NIGRITIN-F-1

Fruit	--	--	*
-------	----	----	---

### NIGRITIN-F-2

Fruit	--	--	*
-------	----	----	---

### NONADECAN-1-OL

Flower	--	--	*
--------	----	----	---

### NONADECANOIC-ACID

Flower	--	--	*
--------	----	----	---

## OCIMENE

Flower -- -- \*  
 Essent.  
 Oil

## Activities (2)

- Insecticide Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.  
 Perfumery Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

## OCTACOSAN-1-OL

Flower -- -- \*

## OCTAN-1-AL

Flower -- -- \*  
 Essent.  
 Oil

## OLEANOLIC-ACID

Flower -- -- \*

## Activities (64)

Abortifacient

AntiHIV IC50=21.8 ug/ml

AntiHIV EC50=1.7 ug/ml

Kashiwada, Y., et. al. 1998. Anti-AIDS Agents. 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. *J. Nat. Prod.*, 61 (9): 1090-1095.

AntiPGE2 IC50=24 uM

AntiTGF-beta IC50=19-24  
uM

Antiallergic

Antiarrhythmic 40 mg/kg

Antiatherosclerotic

Antibacterial MIC=625-  
1,250 ug/ml

Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. *Am J Chin Med*, 31(1):37-46.

Anticarcinomic

Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

Anticomplement IC40-50  
0.01 mM/l gpg

Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. *Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D)*, 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.

Anticomplement IC80-90  
0.05 mM/l gpg

Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. *Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D)*, 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.

Antiedemic IC36=40 mg/kg  
ipr rat

Antifertility

Antigingivitic MIC=625-  
1,250 ug/ml

Antihepatotoxic

Antihyperlipidemic

Antiinflammatory 40 mg/kg  
ipr Aquino, R., De Feo, V., De Simone, F., Pizza, C.\*, and Cirino, G. Plant Metabolites. New Compounds And Anti-Inflammatory Activity Of Uncaria tomentosa. *Journal of Natural Products*, 54(2): 453-459, 1991.

Antiischemic 40 mg/kg

Antileukemic Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. *Am J Chin Med*, 31(1):37-46.

Antileukotriene IC50=17  
uM

Antimalarial IC50=70-89  
ug/ml

Antinephritic IC50=19-24  
uM

Balanehru, S. and Nagarajan, B. 1992. Intervention of Adriamycin Induced Free Radical Damage. *Biochemistry International* 28(4): 735-744, 1992.

Antioxidant IC46=10 uM

Antiperiodontic MIC=625-  
1,250 ug/ml

Antiperoxidant IC30=200  
ug/ml

Antiplaque MIC=625-1,250  
ug/ml

Antiplasmodial IC50=70-89  
ug/ml

Antisarcomic

Antiseptic MIC=625-1,250  
ug/ml

Antitumor

Antitumor (Breast) Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. *Am J Chin Med*, 31(1):37-46.

Antitumor (Colon) Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. *Am J Chin Med*, 31(1):37-46.

Antitumor (Kidney) Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. *Am J Chin Med*, 31(1):37-46.

Antitumor (Lung) Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. *Am J Chin Med*, 31(1):37-46.

Antitumor (Pancreas) Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. *Am J Chin Med*, 31(1):37-46.

Antiulcer >carbenoxolone

Antiviral IC50=21.8 ug/ml	Kashiwada, Y., et. al. 1998. Anti-AIDS Agents. 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. <i>J. Nat. Prod.</i> , 61 (9): 1090-1095.
Aromatase-Inhibitor	
Beta-Blocker	
Beta-Glucuronidase-Inhibitor ~100 mg/kg	
COX-2-Inhibitor IC50=295 uM/	
COX-2-Inhibitor	Ringbom, T., Seguar, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from <i>Plantago major</i> , a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. <i>J. Nat. Prod.</i> , 61(10): 1212-1215.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective 40 mg/kg	
Cardiotonic	
Cyclooxygenase-Inhibitor	
Diuretic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Elastase-Inhibitor IC50=~15 uM	
Hepatoprotective	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 211.
Hypolipemic	
Hypotensive	
Immunomodulator	
Leucocytogenic	
NF-kB-Inhibitor	
Phagocytotic	
Piscicide	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Prostaglandin-Synthesis-Inhibitor igs mus	
Sedative	
Uterotonic	
Vasopressor	

**OLEANOLIC-ACID**

Leaf -- -- \*

**Activities (64)**

Abortifacient	
AntiHIV IC50=21.8 ug/ml	
AntiHIV EC50=1.7 ug/ml	Kashiwada, Y., et. al. 1998. Anti-AIDS Agents. 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. <i>J. Nat. Prod.</i> , 61 (9): 1090-1095.
AntiPGE2 IC50=24 uM	
AntiTGF-beta IC50=19-24 uM	
Antiallergic	
Antiarrhythmic 40 mg/kg	
Antiatherosclerotic	
Antibacterial MIC=625-1,250 ug/ml	
Anticarcinomic	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Anticariogenic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Anticomplement IC40-50 0.01 mM/l gpg	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Anticomplement IC80-90 0.05 mM/l gpg	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Antiedemic IC36=40 mg/kg ipr rat	
Antifertility	
Antigingivitic MIC=625-1,250 ug/ml	
Antihepatotoxic	
Antihyperlipidemic	
Antiinflammatory 40 mg/kg ipr	Aquino, R., De Feo, V., De Simone, F., Pizza, C.*, and Cirino, G. Plant Metabolites. New Compounds And Anti-Inflammatory Activity Of <i>Uncaria tomentosa</i> . <i>Journal of Natural Products</i> , 54(2): 453-459, 1991.
Antiischemic 40 mg/kg	
Antileukemic	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antileukotriene IC50=17 uM	
Antimalarial IC50=70-89 ug/ml	
Antinephritic IC50=19-24 uM	
Antioxidant	Balanehru, S. and Nagarajan, B. 1992. Intervention of Adriamycin Induced Free Radical Damage. <i>Biochemistry International</i> 28(4): 735-744, 1992.
Antioxidant IC46=10 uM	
Antiperiodontic MIC=625-1,250 ug/ml	

ug/ml

Antiplateau MIC=625-1,250

ug/ml

Antiplasmodial IC50=70-89

ug/ml

Antisarcomic

Antiseptic MIC=625-1,250

ug/ml

Antitumor

Antitumor (Breast)

Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. *Am J Chin Med*, 31(1):37-46.

Antitumor (Colon)

Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. *Am J Chin Med*, 31(1):37-46.

Antitumor (Kidney)

Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. *Am J Chin Med*, 31(1):37-46.

Antitumor (Lung)

Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. *Am J Chin Med*, 31(1):37-46.

Antitumor (Pancreas)

Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. *Am J Chin Med*, 31(1):37-46.

Antiulcer >carbenoxolone

Antiviral EC50=1.7 ug/ml

Kashiwada, Y., et. al. 1998. Anti-AIDS Agents. 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. *J. Nat. Prod.*, 61 (9): 1090-1095.

Antiviral IC50=21.8 ug/ml

Kashiwada, Y., et. al. 1998. Anti-AIDS Agents. 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. *J. Nat. Prod.*, 61 (9): 1090-1095.

Aromatase-Inhibitor

Beta-Blocker

Beta-Glucuronidase-Inhibitor ~100 mg/kg

COX-2-Inhibitor IC50=295 uM/

Ringbom, T., Seguar, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from *Plantago major*, a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. *J. Nat. Prod.*, 61(10): 1212-1215.

Cancer-Preventive

Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Cardioprotective 40 mg/kg

Cardiotonic

Cyclooxygenase-Inhibitor

Diuretic

Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

Elastase-Inhibitor IC50=~15 uM

Hepatoprotective Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 211.

Hypolipemic

Hypotensive

Immunomodulator

Leucocytogenic

NF-kB-Inhibitor

Phagocytotic

Piscicide ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.

Prostaglandin-Synthesis-Inhibitor igs mus

Sedative

Uterotonic

Vasopressor

## OLEANOLIC-ACID

Bark -- 503.0 -1.0 \*

### Activities (64)

Abortifacient

AntiHIV IC50=21.8 ug/ml

AntiHIV EC50=1.7 ug/ml

Kashiwada, Y., et. al. 1998. Anti-AIDS Agents. 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. *J. Nat. Prod.*, 61 (9): 1090-1095.

AntiPGE2 IC50=24 uM

AntiTGF-beta IC50=19-24 uM

Antiallergic

Antiarrhythmic 40 mg/kg

Antiatherosclerotic

Antibacterial MIC=625-1,250 ug/ml

Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. *Am J Chin Med*, 31(1):37-46.

Anticarcinomic

Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

Anticariogenic

Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.

Anticomplement IC40-50 0.01 mM/l gpg

Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.

Antiedemic IC36=40 mg/kg ipr rat

Antigingivitic MIC=625-1,250 ug/ml	
Antihepatotoxic	
Antihyperlipidemic	
Antiinflammatory 40 mg/kg ipr	Aquino, R., De Feo, V., De Simone, F., Pizza, C.* and Cirino, G. Plant Metabolites. New Compounds And Anti-Inflammatory Activity Of Uncaria tomentosa. <i>Journal of Natural Products</i> , 54(2): 453-459, 1991.
Antiischemic 40 mg/kg	
Antileukemic	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antileukotriene IC50=17 uM	
Antimalarial IC50=70-89 ug/ml	
Antinephritic IC50=19-24 uM	
Antioxidant	Balanehru, S. and Nagarajan, B. 1992. Intervention of Adriamycin Induced Free Radical Damage. <i>Biochemistry International</i> 28(4): 735-744, 1992.
Antioxidant IC46=10 uM	
Antiperiodontic MIC=625-1,250 ug/ml	
Antiperoxidant IC30=200 ug/ml	
Antiplaque MIC=625-1,250 ug/ml	
Antiplasmodial IC50=70-89 ug/ml	
Antisarcotic	
Antiseptic MIC=625-1,250 ug/ml	
Antitumor	
Antitumor (Breast)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor (Colon)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor (Kidney)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor (Lung)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor (Pancreas)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antiulcer >carbenoxolone	
Antiviral EC50=1.7 ug/ml	Kashiwada, Y., et. al. 1998. Anti-AIDS Agents. 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. <i>J. Nat. Prod.</i> , 61 (9): 1090-1095.
Antiviral IC50=21.8 ug/ml	Kashiwada, Y., et. al. 1998. Anti-AIDS Agents. 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. <i>J. Nat. Prod.</i> , 61 (9): 1090-1095.
Aromatase-Inhibitor	
Beta-Blocker	
Beta-Glucuronidase-Inhibitor ~100 mg/kg	
COX-2-Inhibitor IC50=295 uM/	
COX-2-Inhibitor	Ringbom, T., Seguar, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from Plantago major, a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. <i>J. Nat. Prod.</i> , 61(10): 1212-1215.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective 40 mg/kg	
Cardiotonic	
Cyclooxygenase-Inhibitor	
Diuretic	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.
Elastase-Inhibitor IC50=~15 uM	
Hepatoprotective	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 211.
Hypolipemic	
Hypotensive	
Immunomodulator	
Leucocytogenic	
NF-kB-Inhibitor	
Phagocytotic	
Piscicide	ANON. 1948-1976. <i>The Wealth of India raw materials</i> . Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Prostaglandin-Synthesis-Inhibitor igs mus	
Sedative	
Uterotonic	
Vasopressor	

#### OLEIC-ACID

Flower -- -- \*

#### Activities (18)

5-Alpha-Reductase-

Allergenic	
Alpha-Reductase-Inhibitor	
Anemiagenic	
Antialope cic	
Antiandrogenic	
Antiinflammatory	
IC50=21 uM	
Antileukotriene-D4	
IC50=21 uM	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Choleretic 5 ml/man	
Dermatitigenic	
FLavor FEMA 1-30	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Merck 11th Edition
Percutaneostimulant	Seki, T., Toeda, C., Kawaguchi, T., Junii, K., Sugibayashi, K., and Morimoto, Y. 1990. Enhanced Transdermal Delivery of Zidovudine in Rats and Human Skin. <i>Chem. Pharm. Bull.</i> 38(11): 3086-3089, 1990.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Propecic	

#### OLEIC-ACID

Leaf -- -- \*

#### Activities (18)

5-Alpha-Reductase-Inhibitor	
Allergenic	
Alpha-Reductase-Inhibitor	
Anemiagenic	
Antialope cic	
Antiandrogenic	
Antiinflammatory	
IC50=21 uM	
Antileukotriene-D4	
IC50=21 uM	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Choleretic 5 ml/man	
Dermatitigenic	
FLavor FEMA 1-30	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Merck 11th Edition
Percutaneostimulant	Seki, T., Toeda, C., Kawaguchi, T., Junii, K., Sugibayashi, K., and Morimoto, Y. 1990. Enhanced Transdermal Delivery of Zidovudine in Rats and Human Skin. <i>Chem. Pharm. Bull.</i> 38(11): 3086-3089, 1990.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Propecic	

#### OXALIC-ACID

Fruit -- 410.0 -0.28 \*

#### Activities (9)

Acaricide	
Antiseptic	
CNS-Paralytic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Fatal	Martindale's 29th
Hemostatic	Merck 11th Edition
Irritant	
Pesticide	
Renotoxic	Merck 11th Edition
Varroacide	

#### P-COUMARIC-ACID

Flower -- -- ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.

#### Activities (25)

Aldose-Reductase-Inhibitor 4 ug/ml (weak activity)	Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. <i>Sankyo Kenkyusho Nempo</i> , 43: 99-110.
Allelopathic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antibacterial	Pharmazie, 46: 156, 1991.

Antifertility	
Ant hepatotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Antileukemic IC50=25-56 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med.</i> 31(1):37-46.
Antinitrosaminic	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code.</i> Hyperion, NY.
Antioxidant IC24=30 ppm	
Antioxidant 1/3 BHA	
Antiperoxidant IC50=>100 uM	Planta Medica, 57: A54, 1991.
Antiseptic	
Antispasmodic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals.</i> The Pharmaceutical Press, London. 296pp.
Antitumor	
Cancer-Preventive	
Chemopreventive	
Choleretic	
Cytotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Diaphoretic?	Lawrence Review of Natural Products, Dec-90.
Fungicide	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture.</i> Plenum Press, New York. 445 pp.
Lipoxygenase-Inhibitor IC11=5 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. <i>J. Agric. Food Chem.</i> 38: 688-690.
Pesticide	
Prostaglandinogenic	
Prostaglandin-Synthesis-Inhibitor	
Tyrosinase-Inhibitor ID50=3,650 uM	

PALMITIC-ACID	Seed	--	--	*
<b>Activities (13)</b>				
5-Alpha-Reductase-Inhibitor				
Antialope cic				
Antiandrogenic				
Antifibrinolytic	Economic & Medicinal Plant Research, 1: 53.			
Antioxidant IC40=60				
FLavor FEMA 1	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry			
Hemolytic	Bisset, N.G., ed. 1994. <i>Herbal Drugs and Phytopharmaceuticals.</i> CRC Press. Boca Raton, FL. 566 pp.			
Hypercholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. <i>CRC Handbook of Lipids in Human Nutrition.</i> CRC Press. Boca Raton, FL. 233 pp.)			
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.			
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture.</i> Plenum Press, New York. 445 pp.			
Pesticide				
Propecic				
Soap	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.			

PALMITIC-ACID	Leaf	--	--	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.
---------------	------	----	----	--

PALMITIC-ACID	Flower	--	--	*
<b>Activities (13)</b>				
5-Alpha-Reductase-Inhibitor				
Antialope cic				
Antiandrogenic				
Antifibrinolytic	Economic & Medicinal Plant Research, 1: 53.			
Antioxidant IC40=60				
FLavor FEMA 1	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry			
Hemolytic	Bisset, N.G., ed. 1994. <i>Herbal Drugs and Phytopharmaceuticals.</i> CRC Press. Boca Raton, FL. 566 pp.			
Hypercholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. <i>CRC Handbook of Lipids in Human Nutrition.</i> CRC Press. Boca Raton, FL. 233 pp.)			
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.			
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture.</i> Plenum Press, New York. 445 pp.			
Pesticide				
Propecic				
Soap	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.			

PALMITIC-ACID	Flower	--	--	*
---------------	--------	----	----	---

Activities (13)				
-----------------	--	--	--	--

Inhibitor	
Antialopelcic	
Antiandrogenic	
Antifibrinolytic	Economic & Medicinal Plant Research, 1: 53.
Antioxidant IC40=60	
FLavor FEMA 1	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Hemolytic	Bisset, N.G., ed. 1994. <i>Herbal Drugs and Phytopharmaceuticals</i> . CRC Press. Boca Raton, FL. 566 pp.
Hypercholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. <i>CRC Handbook of Lipids in Human Nutrition</i> . CRC Press. Boca Raton, FL. 233 pp.)
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.
Pesticide	
Propecic	
Soap	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.

#### PALMITOLEIC-ACID

Flower -- -- \*

#### Activities (2)

5-Alpha-Reductase-Inhibitor

Soap Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

#### PALMITOLEIC-ACID

Seed -- -- \*

#### Activities (2)

5-Alpha-Reductase-Inhibitor

Soap Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

#### PECTIN

Flower -- -- Leung, A. Y. and Foster, S. 1995. *Encyclopedia of Common Natural Ingredients* 2nd Ed. John Wiley & Sons, New York. 649 pp.

#### Activities (24)

Antiatheromic 15 g/man/day Cerdá, J.J. *Pectin in Health and Disease*. HortScience, 25(12): 1485, 1990.

Antibacterial

Antidiabetic 10 g/man/day/orl

Antidiarrheic Merck 11th Edition

Antienteric

Antigallstone

Antigastritic

Antilithic

Antimetastatic

Antimutagenic

Antioesity

Joseph, J., Nadeau, D. and Underwood, A. 2001. *The Color Code*. Hyperion, NY.

Antitumor (Colon)

Antitumor (Prostate)

Antitussive

Antulcer

Cancer-Preventive

Stitt, P. A. *Why George Should Eat Broccoli*. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Chemopreventive

Demulcent

Fungicide

Leung, A. Y. and Foster, S. 1995. *Encyclopedia of Common Natural Ingredients* 2nd Ed. John Wiley & Sons, New York. 649 pp.

Hemostat

Hypocholesterolemic

Joseph, J., Nadeau, D. and Underwood, A. 2001. *The Color Code*. Hyperion, NY.

Hypoglycemic

Peristaltic

Pesticide

#### PECTIN

Leaf -- 2300.0 -1.54 Leung, A.Y., *Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics*, John Wiley & Sons, New York, 1980.

#### Activities (24)

Antiatheromic 15 g/man/day Cerdá, J.J. *Pectin in Health and Disease*. HortScience, 25(12): 1485, 1990.

Antibacterial

Antidiabetic 10 g/man/day/orl

Antidiarrheic Merck 11th Edition

Antigallstone	
Antigastritic	
Antilithic	
Antimetastatic	
Antimutagenic	
Antiobesity	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY.
Antitumor (Colon)	
Antitumor (Prostate)	
Antitussive	
Antiulcer	
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Chemopreventive	
Demulcent	
Fungicide	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.
Hemostat	
Hypocholesterolemic	
Hypoglycemic	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY.
Peristaltic	
Pesticide	

PENT-3-EN-2-ONE	Flower	--	--	*
PENTACOSAN-1-OL	Flower	--	--	*

PENTADECANOIC-ACID	Flower	--	--	*
--------------------	--------	----	----	---

#### Activities (1)

Antioxidant IC40=60

PENTADECENOIC-ACID	Flower	--	--	*
--------------------	--------	----	----	---

PENTENOL	Leaf
	Essent. Oil

PHENYL-ACETALDEHYDE	Leaf
	Essent. Oil

#### Activities (2)

FLavor FEMA 0.8-10  
Perfumery      Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  
Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

PHENYL-ACETALDEHYDE	Fruit	--	--	*
---------------------	-------	----	----	---

#### Activities (2)

FLavor FEMA 0.8-10  
Perfumery      Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  
Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

PHOSPHORUS	Fruit	540.0	3300.0	0.03	*
------------	-------	-------	--------	------	---

#### Activities (4)

Antiosteoporotic      Davies, S., and Stewart, A. 1990. *Nutritional Medicine*. Avon Books, New York. 509pp.  
Anxiolytic  
Immunostimulant      Davies, S., and Stewart, A. 1990. *Nutritional Medicine*. Avon Books, New York. 509pp.  
Osteogenic      Davies, S., and Stewart, A. 1990. *Nutritional Medicine*. Avon Books, New York. 509pp.

PLASTOCYNIN	Flower	--	--	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
-------------	--------	----	----	--

POTASSIUM	Fruit	105.0	22090.0	0.37	*
-----------	-------	-------	---------	------	---

#### Activities (14)

Angiotensin-Receptor-Blocker  
Antiarrhythmic      Davies, S., and Stewart, A. 1990. *Nutritional Medicine*. Avon Books, New York. 509pp.  
Antidepressant      Davies, S., and Stewart, A. 1990. *Nutritional Medicine*. Avon Books, New York. 509pp.  
Antifatigue      Davies, S., and Stewart, A. 1990. *Nutritional Medicine*. Avon Books, New York. 509pp.

Antispasmodic  
 Antistroke  
 Anxiolytic  
 Beta-Blocker  
 Cardioprotective 3,000-5,000 mg  
 Cardiotoxic 18,000 mg/man/day  
 Diuretic  
 Hypotensive  
 Vasodilator

PROPIONIC-ACID-ETHYL-ESTER	Flower Essent. Oil	--	--		*
PROPIONIC-ACID-PROPYL-ESTER	Flower Essent. Oil	--	--		*
PROTEIN	Seed	--	269000.0	0.31	*
PROTEIN	Fruit	19400.0	114910.0	0.07	*
QUERCETIN	Leaf	--	--		*

#### Activities (176)

11B-HSD-Inhibitor  
 5-Lipoxygenase-Inhibitor IC50 ( $\mu$ M)=4  
 ATPase-Inhibitor Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.  
 Aldehyde-Oxidase-Inhibitor IC70-96=10  $\mu$ M  
 Aldose-Reductase-Inhibitor 100  $\mu$ M  
 Aldose-Reductase-Inhibitor 4 ug/ml Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. *Sankyo Kenkyusho Nempo*, 43: 99-110.  
 Aldose-Reductase-Inhibitor IC50=0.84 ug/ml cow Okada,Y,et al.1995.Search for Naturally Occurring Substances to Prevent the Complications of Diabetes.II.Inhibitory Effect of Coumarin and Flavonoid Derivatives on Bovine Lens Aldose Reductase and Rabbit Platelet Aggregation.Chem Pharm Bull43(8):1385-1387  
 Aldose-Reductase-Inhibitor IC50=0.344  $\mu$ M Mao, X. M., Zhang, J. Q. 1993. Inhibition of Aldose Reductase by Extracts of Chinese Herbal Medicine. *Zhongguo Zhongyao Zazhi* , 18(10): 623-624.  
 Allelochemical IC82=1 mM Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.  
 Allergenic Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.  
 Analgesic  
 AntiCrohn's 400 mg/man/3x/day Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).  
 AntiGTF ID50=120 ug/ml  
 AntiHIV  
 AntiPMS 500 mg/2x/day/wmn Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).  
 Antiaflatoxin IC50=25  $\mu$ M  
 Antiaflatoxin IC50=7.5 ppm  
 Antiaggregant IC50=55  $\mu$ M Economic & Medicinal Plant Research, 5: 333.  
 Antiaggregant 30  $\mu$ M  
 Antiaging  
 Antiallergic IC50=14  $\mu$ M Jim Duke's personal files.  
 Antialzheimeran  
 Antianaphylactic Meli, R., Autore, G., Di Carlo, G., Capasso, F. Inhibitory Action of Quercetin on Intestinal Transit in Mice. *Phytotherapy Research* 4(5): 201, 1990.  
 Antiangiogenic  
 Antiarthritic  
 Antiasthmatic IC50=14  $\mu$ M  
 Antiatherosclerotic  
 Antibacterial Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.  
 Anticarcinomic (Breast) IC50=1.5  $\mu$ M Medline (post 1990 searches filed in my computer)  
 Anticariogenic ID50=120 ug/ml  
 Anticataract  
 Anticolitic 400 mg/man/3x/day Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).  
 Anticomplementary  
 Anticysticitic 1,000 mg/day/4 weeks

Antidermatitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antidiabetic	
Antielastase IC50=0.8 ug/ml	
Antiencephalitic	Economic & Medicinal Plant Research, 5: 199.
Antiescherichic	
Antiestrogenic	
Antifeedant IC52=<1,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Antifibrosarcomic	
Antiflu	Vlietinck, A.J. and Domisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.
Antigastric	Rastitel'nye Resursy, 21: 85.
Antigonadotropic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antihepatotoxic	Joyeux, M., Rolland, A., Fleurentin, J., Mortier, F., and Dorfman, P. 1989. Tert-Butyl Hydroperoxide-Induced Injury in Isolated Rat Hepatocytes: A Model for Studying Anti-Hepatotoxic Crude Drugs. <i>Planta Medica</i> 56(2): 171-173, 1990.
Antiherpetic 48-150 ug/ml	
Antihistaminic IC50=<10 uM	
Antihydrophobic	Vlietinck, A.J. and Domisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.
Antihypertensive	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antiinflammatory 20-150 mg/kg	Fitoterapia No.5-1990.
Antileishmanic IC50=64	
Antileukemic IC50=10 uM	Economic & Medicinal Plant Research, 5: 225.
Antileukemic IC50=>10 ug/ml	Life Sciences 55: 1061.
Antileukemic 5.5-60 uM	
Antileukotriene	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antilipoperoxidant IC67=50	
Antimalarial IC50=1-6.4 ug/ml	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.
Antimelanomic	
Antimetastatic	
Antimutagenic ID50=2-5 nM	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.
Antimutagenic ID50=0.62 ug/ml	
Antimyocarditic	Economic & Medicinal Plant Research, 5: 199.
Antinitrosaminic	
Antinociceptive	
Antioxidant IC96=300 ppm	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.
Antioxidant ED50=2.3 uM	Seidel, V., Verholle, M., Malard, Y., Tillequin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from <i>Ballota nigra</i> L. Inhibit <i>in vitro</i> LDL Peroxidation. <i>Phytotherapy Research</i> , 14(2): 93-98.
Antioxidant 4.7 x Vit. E	
Antioxidant IC47=10 uM	
Antipancreatic	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antiperiodontal	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiperistaltic	
Antipermeability	
Antiperoxidant	Planta Medica, 57: A110, 1991.
Antipharyngitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiplaque	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiplasmodial IC50=13-64	
Antipodriac	
Antipolio	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiproliferant 10 nM	
Antiprostanoid	
Antiprostatic	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antipsoriac	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiradicular IC50=4.6 uM	Planta Medica, 56(6): 695, 1990.
Antispasmodic	
Antistreptococcic ID50=120 ug/ml	Phenolic Compounds in Food and Their Effects on Health, 69.
Antithiamin	
Antithrombic	
Antitrypanosomic IC50=13	
Antitumor 10 uM	
Antitumor (Bladder)	
Antitumor (Breast)	

Antitumor (Lung)	
Antitumor (Ovary)	
Antitumor (Skin) 20 uM	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antitumor-Promoter	
Antiulcer	
Antiviral IC50=10 uM	Economic & Medicinal Plant Research, 5: 225.
Antiviral 48-150 ug/ml	Amoros, M., Simoes, C.M.O., Girre, L., et al. Synergistic Effect Of Flavones And Flavonols Against Herpes Simplex Virus Type 1 In Cell Culture. Comparison With The Antiviral Activity Of Propolis. <i>J. of Natural Products</i> 55(12):1732-1740, 1992.
Apoptotic 20-60 uM	
Bacteristat 10 mg/ml	
Bradycardiac	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
COMT-Inhibitor	
COX-2-Inhibitor <40 uM	
Calmodulin-Antagonist	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	
Capillariprotective	Merck 11th Edition
Carcinogenic 40,000 ppm (diet) mus	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Catabolic	
Copper-Chelator	
Cyclooxygenase-Inhibitor	
Cytochrome-P450-1A2-Inhibitor	
Cytotoxic ED50=70 ug/ml	Matsukawa, Y., et al. The Effect of Quercetin and Other Flavonoids on Cell Cycle Progression and Growth of Human Gastric Cancer Cells. <i>Planta Medica</i> , 56(6): 677, 1990.
Cytotoxic IC82=100 ug/ml	<i>Planta Medica</i> , 57: A113, 1991.
Deiodinase-Inhibitor	Jim Duke's personal files.
Diaphoretic?	Lawrence Review of Natural Products, Dec-90.
Differentiator 5.5 uM	
Estrogenic 10% genistein	
Fungicide	
Glucosyl-Transferase-Inhibitor ID50=120 ug/ml	
HIV-RT-Inhibitor IC50=<1 ug/ml	Nakane, H., Fukushima, M., and Ono*, K. Differential Inhibition Of Reverse Transcriptase And Various DNA Polymerases By Digallic Acid And Its Derivatives. <i>Journal of Natural Products</i> , 53(5): 1234-1240, 1990.
Hemostat	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Hepatomagenic 5,000 ppm (diet) rat	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.
Hepatoprotective	
Hypoglycemic 100 mg/kg orf rat	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989.
Inotropic	
Insulinogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Juvabional	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Larvistat 8,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Lipoxygenase-Inhibitor IC11=1.25 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. <i>J. Agric. Food Chem.</i> 38: 688-690.
Lipoxygenase-Inhibitor IC50=0.1-5 uM	
MAO-A-Inhibitor	
MMP-9-Inhibitor 20 uM	
Mast-Cell-Stabilizer	
Metal-Chelator (Copper)	Seidel, V., Verholle, M., Malard, Y., Tillequin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from <i>Ballota nigra</i> L. Inhibit in vitro LDL Peroxidation. <i>Phytotherapy Research</i> , 14(2): 93-98.
Metalloproteinase-Inhibitor IC50=>42 uM	
Mutagenic	
NADH-Oxidase-Inhibitor	
NEP-Inhibitor IC50=>42 uM	
NF-kB-Inhibitor	
NO-Inhibitor IC>50=125 uM	
NO-Inhibitor IC50=20 uM	
NO-Synthase-Inhibitor 5-50 uM	
Neuroprotective 5-25 uM	
Ornithine-Decarboxylase-Inhibitor <10 uM	
P450-Inducer 5 uM	Father Nature's Farmacy: The aggregate of all these three-letter citations.
P450-Inhibitor 50-100 uM	Father Nature's Farmacy: The aggregate of all these three-letter citations.

PTK-Inhibitor 0.4-24 uM					
Pesticide					
Phospholipase-Inhibitor					
Plasmodicide	Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp.				
Proliferant					
Prostaglandin-Synthesis-Inhibitor 40 ug/ml	Ibewuike, J. C., Ogungbamila, F. O., Ogundaini, A. O., Okeke, I. N., Bohlin, L. 1997. Antiinflammatory and Antibacterial Activities of C-methylflavonol from <i>Piliostigma thonningii</i> . <i>Phytotherapy Research</i> , 11(4): 281-284.				
Protein-Kinase-C-Inhibitor	Naim, M., Zehavi, U., Nagy, S., and Rouseff, R.L. Hydroxycinnamic Acids as Off-Flavor Precursors in Citrus Fruits and Their Products. Phenolic Compounds in Food and Their Effects on Health, Ch.14.				
Quinone-Reductase-Inducer 6 uM	Uda, Y., Price, K. R., Williamson, G., Rhodes, M. J. C. 1997. Induction of the Anticarcinogenic Marker Enzyme, Quinone Reductase, in Murine Hepatoma Cells In Vitro by Flavonoids. <i>Cancer Lett.</i> , 120 (2): 213-216.				
Quinone-Reductase-Inducer 13 uM					
TNF-alpha-Inhibitor IC50=3.11 uM					
Teratologic					
Topoisomerase-I-Inhibitor IC50=12.8 ug/ml					
Topoisomerase-I-Inhibitor IC50=42 uM					
Topoisomerase-II-Inhibitor IC50=1-6.9 ug/ml					
Topoisomerase-II-Inhibitor IC50=23-40 uM					
Tumorigenic 0.1% diet orl rat/yr	Jim Duke's personal files.				
Tyrosinase-Inhibitor ID50=70 uM					
Tyrosine-Kinase-Inhibitor	Economic & Medicinal Plant Research, 6: 170.				
VEGF-Inhibitor					
Vasodilator					
Xanthine-Oxidase-Inhibitor IC50=>0.4 ug/ml	Chem. & Pharm. Bull. 38: 1772.				
Xanthine-Oxidase-Inhibitor IC50=10.6 ug/ml					
Xanthine-Oxidase-Inhibitor 3.1 uM					
cAMP-Phosphodiesterase-Inhibitor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
iNOS-Inhibitor IC50=20 uM					

QUERCETIN-3-O-2(G)-RHAMNOSE-RUTINOSIDE	Flower	--	--		*
QUERCETIN-3-O-NEOHESPERIDOSIDE	Flower	--	--		*
R-HOLOCALIN	Plant	--	--		Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
RESIN	Leaf	--	43400.0	-0.6	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
RIBOFLAVIN	Plant	0.6	0.7	-0.75	*

#### Activities (15)

AntiLyme 50 mg/day					
Antiarabiflavinotic 2-10 mg/day orl	Martindale's 28th				
Anticarpal-Tunnel 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Anticataract 15 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Anticephalic					
Anticervical dysplastic 1.6-10 mg/day					
Anticheilitic					
Antidecubitic					
Antiglossitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antikeratitic					
Antimigraine					
Antioxidant					
Antipellagric					
Antiphotophobic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				

RUBBER	Root	--	540.0	-0.3	*
RUTIN	Leaf	210.0	9200.0	-0.43	*

5-HT-Inhibitor	
Aldehyde-Oxidase-Inhibitor	IC27-52=10 uM
Aldose-Reductase-Inhibitor	100 uM
Aldose-Reductase-Inhibitor	4 ug/ml Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. <i>Sankyo Kenkyusho Nempo</i> , 43: 99-110.
Allelochemical	
AntiCVI	270 mg/man/day
Antiaggregant	ED50=33 nmol/kg iv
Antiallergic	
Antiapoplectic	
Antiatherogenic	
Antiatherosclerotic	
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Anticancer	
Anticapillary-Fragility	20-100 mg orl man Merck 7th Ed.
Anticataract	
Anticlastogen	
Anticonvulsant	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Antidementia	Bruneton, J. 1999. <i>Pharmacognosy, Phytochemistry, Medicinal Plants</i> . 2nd Ed. Lavoisier Publishing, Paris. 1119 pp.
Antidermatitic	Bisset, N.G., ed. 1994. <i>Herbal Drugs and Phytopharmaceuticals</i> . CRC Press. Boca Raton, FL. 566 pp.
Antidiabetic	Jin, G-Z., Yamagata, Y., and Tomita, K.-i. 1989. Structure of Rutin Pentamethanol. <i>Chem. Pharm. Bull.</i> 38(2): 297-300, 1990.
Antiedemic	270 mg/day orl man
Antierhythmic	
Antifeedant	
Antiglaucomic	60 mg/day Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antihematuric	
Antihemorrhoidal	
Antihepatotoxic	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)</i> Marcel Dekker, Inc. NY. 665 pp.
Antiherpetic	Economic & Medicinal Plant Research, 5: 198.
Antihistaminic	
Antihypertensive	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Antiinflammatory	20 mg/kg
Antimalarial	IC50=>100 ug/ml Khalid, S.A., Farouk, A., Geary**, T.G., and Jensen, J.B. 1985. Potential Antimalarial Candidates From African Plants: An In Vitro Approach Using <i>Plasmodium falciparum</i> *. <i>Journal of Ethnopharmacology</i> , 15: 201-209, 1986.
Antimelanomic	
Antimetastatic	
Antimutagenic	ID50=2-5 nM
Antinephritic	
Antinociceptive	
Antioxidant	IC28=30 ppm
Antioxidant	IC50=120 uM
Antioxidant	IC54=10 uM
Antiperioxidant	IC50=10-20 uM
Antiplatelet	
Antiproliferant	50-75 uM/l
Antiprotozoal	
Antipurpuric	
Antiradicular	9 x quercetin
Antispasmodic	
Antisunburn	
Antithrombogenic	EC50=500 nM
Antithyroid	IC50=68 uM
Antitrypanosomal	100 mg/kg Planta Medica, 57: A44, 1991.
Antitumor	
Antitumor-Promoter	
Antiulcer	
Antivaricose	
Antiviral	
Apoptotic	75 uM/l
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Capillariprotective	Merck 11th Edition

Chemopreventive	
Cytoprotective IC50=3 uM	
Estrogenic?	Economic & Medicinal Plant Research, 6: 189.
Hemostat	
Hepatomagenic 20,000 ppm (diet) rat	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507 ACS, Washington 402 pp.
Hepatoprotective 20 mg/kg rat	
Hypocholesterolemic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Hypotensive	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Immunomodulator	
Insecticide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectiphile	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Juvabional	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Larvistat IC95=4,000-8,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Lipoxygenase-Inhibitor IC75=2.5 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. <i>J. Agric. Food Chem.</i> 38: 688-690.
Mutagenic	Economic & Medicinal Plant Research, 6: 189.
Myoprotective	
Myorelaxant	Economic & Medicinal Plant Research, 6: 189.
Oviposition-Stimulant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
PAF-Inhibitor	
Pesticide	
Protisticide	
Radioprotective	
Sunscreen	
Topoisomerase-II-Inhibitor IC50=1 ug/ml	Bernard, F. X., Sable, S., Cameron, B., Provost, J., Desnottes, J. F., Crouzet, J., Blanche, F. 1997. Glycosylated Flavones as Selective Inhibitors of Topoisomerase IV. <i>Antimicrobial Agents &amp; Chemotherapy</i> , 41: 992-998.
Vasodilator	
Vasopressor	
cAMP-Phosphodiesterase-Inhibitor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

RUTIN Flower 19000.0 25000.0 -0.37 \*

### Activities (87)

5-HT-Inhibitor	
Aldehyde-Oxidase-Inhibitor IC27-52=10 uM	
Aldose-Reductase-Inhibitor 100 uM	
Aldose-Reductase-Inhibitor 4 ug/ml	Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. <i>Sankyo Kenkyusho Nempo</i> , 43: 99-110.
Allelochemical	
AntiCVI 270 mg/man/day	
Antiaggregant ED50=33 nmol/kg iv	
Antiallergic	
Antiapoplectic	
Antiatherogenic	
Antiatherosclerotic	
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anticancer	
Anticapillary-Fragility 20-100 mg orl man	Merck 7th Ed.
Anticataract	
Anticlastogen	
Anticonvulsant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antidementia	Bruneton, J. 1999. Pharmacognosy, Phytochemistry, Medicinal Plants. 2nd Ed. Lavoisier Publishing, Paris. 1119 pp.
Antidermatitic	Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.
Antidiabetic	Jin, G-Z., Yamagata, Y., and Tomita, K-i. 1989. Structure of Rutin Pentamethanol. <i>Chem. Pharm. Bull.</i> 38(2): 297-300, 1990.
Antiedemic 270 mg/day orl man	
Antierythemic	
Antifeedant	
Antiglaucomic 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihematuric	
Antihemorrhoidal	
Antihepatotoxic	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.

Antihistaminic	
Antihypertensive	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Antiinflammatory 20 mg/kg	
Antimalarial IC50=>100 ug/ml	Khalid, S.A., Farouk, A., Geary**, T.G., and Jensen, J.B. 1985. Potential Antimalarial Candidates From African Plants: An In Vitro Approach Using <i>Plasmodium falciparum</i> *. <i>Journal of Ethnopharmacology</i> , 15: 201-209, 1986.
Antimelanomic	
Antimetastatic	
Antimutagenic ID50=2-5 nM	
Antinephritic	
Antinociceptive	
Antioxidant IC28=30 ppm	
Antioxidant IC50=120 uM	
Antioxidant IC54=10 uM	
Antiperoxidant IC50=10-20 uM	
Antiplatelet	
Antiproliferant 50-75 uM/l	
Antiprotozoal	
Antipurpuric	
Antiradicular 9 x quercetin	
Antispasmodic	
Antisunburn	
Antithrombogenic EC50=500 nM	
Antithyroid IC50=68 uM	
Antitrypanosomic 100 mg/kg	Planta Medica, 57: A44, 1991.
Antitumor	
Antitumor-Promoter	
Antiulcer	
Antivaricose	
Antiviral	
Apoptotic 75 uM/l	
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Capillaroprotective	Merck 11th Edition
Catabolic	
Chemopreventive	
Cytoprotective IC50=3 uM	
Estrogenic?	Economic & Medicinal Plant Research, 6: 189.
Hemostat	
Hepatomagenic 20,000 ppm (diet) rat	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507 ACS, Washington 402 pp.
Hepatoprotective 20 mg/kg rat	
Hypocholesterolemic	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Hypotensive	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.
Immunomodulator	
Insecticide	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds</i> . (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectiphile	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Juvabional	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Larvistat IC95=4,000-8,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Lipoxygenase-Inhibitor IC75=2.5 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. <i>J. Agric. Food Chem.</i> 38: 688-690.
Mutagenic	Economic & Medicinal Plant Research, 6: 189.
Myoprotective	
Myorelaxant	Economic & Medicinal Plant Research, 6: 189.
Oviposition-Stimulant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
PAF-Inhibitor	
Pesticide	
Protisticide	
Radioprotective	
Sunscreen	
Topoisomerase-II-Inhibitor IC50=1 ug/ml	Bernard, F. X., Sable, S., Cameron, B., Provost, J., Desnottes, J. F., Crouzet, J., Blanche, F. 1997. Glycosylated Flavones as Selective Inhibitors of Topoisomerase IV. <i>Antimicrobial Agents &amp; Chemotherapy</i> , 41: 992-998.
Vasodilator	
Vasopressor	

**5-Alpha-Reductase-Inhibitor**

S-SAMBUNIGRIN	Leaf	--	420.0	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
SALICYLIC-ACID-METHYL-ESTER	Leaf Essent. Oil	--	--	*
SALICYLIC-ACID-METHYL-ESTER	Flower Essent. Oil	--	--	*
SAMBUBIOSE	Plant	--	--	*
SAMBUCINE	Bark	--	--	*
SAMBUCINE	Plant	--	1100.0	*
SAMBUCULIN-A	Plant	--	--	*
SAMBUCYANIN	Plant	--	--	*
SAMBUNIGRIN	Leaf	--	420.0	*

**Activities (2)**

Aldose-Reductase-Inhibitor 0.1 mM/l rat (weak activity) Fujita, T., Ohira, K., Miyatake, K., Nakano, Y., Nakayama, M. 1995. Inhibitory Effect of Perillosides A and C, Related Monoterpene Glucosides on Aldose Reductase and Their Structure-Activity Relationships. *Chem Pharm Bull*, 43(6): 920-926.

Cyanogenic

SHIKIMIC-ACID	Plant	--	--	*
---------------	-------	----	----	---

**Activities (14)**

Analgesic	
Anticancer	
Anticonvulsant	Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp.
Antioxidant 7 x quercetin	
Antiradicular 7 x quercetin	
Antispasmodic	Grenand, P., Moretti, C., and Jacquemin, H. 1987. Pharmacopees Traditionnelles en Guyane. l'ORSTROM, Paris. 569 pp.
Antitumor	
Antitumor-Promoter	
Bruchifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Cancer-Preventive	
Carcinogenic	Merck 11th Edition
Ileorelaxant	
Mutagenic	
Pesticide	

SODIUM	Fruit	75.0	535.0	-0.13	*
--------	-------	------	-------	-------	---

**Activities (1)**

Hypertensive Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

STEARIC-ACID	Flower	--	--	*
--------------	--------	----	----	---

**Activities (8)**

5-Alpha-Reductase-Inhibitor	
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
FLavor FEMA 2-4,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Propecic	
Suppository	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

STEARIC-ACID	Leaf	--	--	*
--------------	------	----	----	---

**Activities (8)**

5-Alpha-Reductase-Inhibitor

	/91 pp.
FLavor FEMA 2-4,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Propecic	
Suppository	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

## STEARIC-ACID

Plant -- -- \*

### Activities (8)

5-Alpha-Reductase-Inhibitor	
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
FLavor FEMA 2-4,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Propecic	
Suppository	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

## STIGMASTEROL

Flower -- -- \*

### Activities (12)

Antihepatotoxic	
Antiinflammatory	Lawrence Review of Natural Products, 1995
Antinociceptive	
Antiophidic 2.3 mg ipr mus	Economic & Medicinal Plant Research, 5: 363.
Antioxidant IC33=10 $\mu$ M	
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in <i>Artemisia annua</i> . Plant Science, 75: 161-165, 1991.
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of <i>Melodorum fruticosum</i> . Phytochemistry. 29(5): 1667-1670. 1990.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Estrogenic	
Hypocholesterolemic	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Ovulant	
Sedative	

## STIGMASTEROL

Leaf -- -- \*

### Activities (12)

Antihepatotoxic	
Antiinflammatory	Lawrence Review of Natural Products, 1995
Antinociceptive	
Antiophidic 2.3 mg ipr mus	Economic & Medicinal Plant Research, 5: 363.
Antioxidant IC33=10 $\mu$ M	
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in <i>Artemisia annua</i> . Plant Science, 75: 161-165, 1991.
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of <i>Melodorum fruticosum</i> . Phytochemistry. 29(5): 1667-1670. 1990.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Estrogenic	
Hypocholesterolemic	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Ovulant	
Sedative	

## SUCROSE

Fruit 700.0 9530.0 -0.68 \*

### Activities (14)

Aggregant	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antihiccup 1 tsp	Martindale's 29th
Antiophthalmic	Martindale's 29th
Antioxidant	Merck 11th Edition
Atherogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Demulcent	pp. Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Flatogenic	Singh, J., Gupta, K., and Arora, S.K. 1993. Changes in the anti-nutritional factors of developing seeds and pod walls of fenugreek ( <i>Trigonella foenum graecum L.</i> ). <i>Plant Foods for Human Nutrition.</i> 46: 77-84, 1994.
Hypercholesterolemic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Preservative	Merck 11th Edition
Sweetener 1 x sucrose	Merck 11th Edition
Triglycerigenic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Uricogenic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Vulnerary	Martindale's 29th

SUGAR	Fruit	47000.0	58000.0	-0.88	*
TANNIN	Leaf	4400.0	30000.0	-0.98	*

#### Activities (35)

Anthelmintic	
AntiHIV	
Antibacterial	
Anticancer	
Anticariogenic	
Antidiarrheic	
Antidysenteric	
Antihepatotoxic	
Antihypertensive	
Antilipolytic	
Antimutagenic	
Antinephritic	Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. <i>Chem. Pharm. Bull.</i> 38(4): 1049-1052, 1990.
Antiophidic	Economic & Medicinal Plant Research, 5: 363.
Antioxidant IC50=1.44 ug/ml	
Antioxidant 1/3 quercetin	
Antiradicular 500 mg/kg/day orl mus	Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. <i>Chem. Pharm. Bull.</i> 38(4): 1049-1052, 1990.
Antiradicular 1/3 quercetin	
Antirenitic	Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. <i>Chem. Pharm. Bull.</i> 38(4): 1049-1052, 1990.
Antitumor	
Antitumor-Promoter	
Antiulcer	
Antiviral	
Cancer-Preventive	HerbalGram No. 22 - Spring 1990, page 14.
Carcinogenic	
Chelator	
Cyclooxygenase-Inhibitor	
Glucosyl-Transferase-Inhibitor	
Hepatoprotective	
Immunosuppressant	
Lipoxygenase-Inhibitor	
MAO-Inhibitor	
Ornithine-Decarboxylase-Inhibitor	
Pesticide	
Psychotropic	Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. <i>Chem. Pharm. Bull.</i> 38(4): 1049-1052, 1990.
Xanthine-Oxidase-Inhibitor	

TERPINEN-4-OL	Flower Essent. Oil	--	--	*
---------------	--------------------------	----	----	---

#### Activities (23)

Allelopathic	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Antiacyetylcholinesterase IC21-24=1.2 mM	
Antiacne	

Antiasthmatic	Chin. J. Tuber. Respir. Dis., 4:203, 1982.
Antibacterial	
Antioxidant	
Antiseptic	Flav. & Frag. J. 9: 129.
Antispasmodic	
Antitussive	Chin. J. Tuber. Respir. Dis.
Antiulcer	
Bacteriostatic	Chin. J. Tuber. Respir. Dis.
Diuretic 0.1 ml/rat	
Fungicide	
Herbicide IC50=200 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Herbicide IC50=22 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	
Irritant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Pesticide	
Renoirritant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Spermicide ED100=0.015	
Vulnerary	Lawrence Review of Natural Products, Jan-91.

TETRACOSAN-1-OL	Flower	--	--	*
-----------------	--------	----	----	---

THIAMIN	Plant	--	1.0	-0.56	*
---------	-------	----	-----	-------	---

#### Activities (31)

Analgesic 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
AntiLyme 50 mg	
Antialcoholic 50-100 mg/day	
Antialzheimeran 100-3,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antianorectic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antibackache 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiberiberi	
Anticanker	
Anticardiospasmic	
Anticataract	
Anticolitic	
Antidecubitic	
Antideliriant	
Antidementia	
Antidyspeptic	
Antiencephalopathic	Martindale's 29th
Antifatigue	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antigastric	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antihangover 50 mg	
Antiheartburn	
Antiherpetic	
Antimigraine	
Antimyocarditic	
Antineuralic 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antineurasthenic	
Antineuritic	
Antineuropathic 50 mg	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipoliomyelic	
Insectifuge 75-150 mg/man/day	Martindale's 28th
Neuroprotective	
Pesticide	

TRANS-LINALOOL-OXIDE	Flower	--	--	*
	Essent.			
	Oil			

TRANS-ROSE-OXIDE	Flower	--	--	*
	Essent.			

TRICOSAN-1-OL	Flower	--	--	*	
TRICOSANE	Flower	--	18720.0	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.	
TRIDECANOIC-ACID	Flower	--	--	*	
<b>Activities (2)</b>					
Antioxidant IC85=60					
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
TYROSINE	Fruit	2200.0	2900.0	0.2	*
<b>Activities (8)</b>					
Antidepressant?					
Antiencephalopathic	Martindale's 29th				
Antiparkinsonian 100 mg/kg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antiphenylketonuric	Martindale's 29th				
Antiulcer 256 mg scu	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.				
Antiulcer 400 mg/kg ipr rat	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.				
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Monoamine-Precursor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
TYROSINE	Fruit Juice	--	--	*	
<b>Activities (8)</b>					
Antidepressant?					
Antiencephalopathic	Martindale's 29th				
Antiparkinsonian 100 mg/kg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antiphenylketonuric	Martindale's 29th				
Antiulcer 256 mg scu	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.				
Antiulcer 400 mg/kg ipr rat	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.				
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Monoamine-Precursor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
UNDECYLENIC-ACID	Seed	--	--	*	
<b>Activities (3)</b>					
Deodorant	Can. Pharm. Assoc. Medication. 1988				
Fungicide					
Pesticide					
URSOLIC-ACID	Leaf	--	--	*	
<b>Activities (89)</b>					
Analgesic					
AntiEBV	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.				
AntiHIV EC50=2.0 ug/ml	Kashiwada, Y., et. al. 1998. Anti-AIDS Agents. 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. <i>J. Nat. Prod.</i> , 61 (9): 1090-1095.				
AntiHIV IC50=6.5 ug/ml	Kashiwada, Y., et. al. 1998. Anti-AIDS Agents. 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. <i>J. Nat. Prod.</i> , 61 (9): 1090-1095.				
AntiHIV IC85=18 ug/ml					
AntiHIV 6.7 uM					
AntiTGF-beta IC50=6-7.5 uM					
Antialzheimeran	Ringbom, T., Seguari, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from <i>Plantago major</i> , a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. <i>J. Nat. Prod.</i> , 61(10): 1212-1215.				
Antiarrhythmic					
Antiarthritic	Planta Medica, 57: A56, 1991.				
Antibacterial					
Anticancer	Ringbom, T., Seguari, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from <i>Plantago major</i> , a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. <i>J. Nat. Prod.</i> , 61(10): 1212-1215.				
Anticancer (Colon)	Ringbom, T., Seguari, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from <i>Plantago major</i> , a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. <i>J. Nat. Prod.</i> , 61(10): 1212-1215.				
Anticarcinomic	Chiang, L.C., Chiang, W., Chang, M.Y., Ng, L.T., Lin, C.C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.				

Anticholestatic 28-100 mg/kg orl	Shukla, B., Visen, P.K.S., Patnaik, G.K., Tripathi, S.C., Srimal, R.C., Dayal, R., and Dobhal, P.C. Hepatoprotective Activity in the Rat of Ursolic Acid Isolated from Eucalyptus Hybrid. <i>Phytotherapy Research</i> 6: 74-79, 1992.
Anticomplement IC100 0.1 mM/l gpg	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. <i>Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D)</i> , 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Anticomplement IC80-90 0.05 mM/l gpg	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. <i>Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D)</i> , 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Antidiabetic	Chemical Constituents of Oriental Herbs (3 diff. books)
Antiedemic	
Antiescherichic	
Antifibrosarcomic IC80=10 uM	
Antihepatotoxic 5-20 mg/kg ipr	Shukla, B., Visen, P.K.S., Patnaik, G.K., Tripathi, S.C., Srimal, R.C., Dayal, R., and Dobhal, P.C. Hepatoprotective Activity in the Rat of Ursolic Acid Isolated from Eucalyptus Hybrid. <i>Phytotherapy Research</i> 6: 74-79, 1992.
Antihistaminic	Tsuruga, T., Chun, Y.-T., Ebizuka, Y., and Sankawa, U. 1991. Biologically Active Constituents of Melaleuca leucadendron: Inhibitors of Induced Histamine Release from Rat Mast Cells. <i>Chem. Pharm. Bull.</i> 39(12): 3276-3278, 1991.
Antihyperlipidemic	
Antiinflammatory 1/3 indomethacin	
Antiinflammatory IC24=500 mg/kg	
Antileishmanic ED50=20 uM	
Antileukemic IC50=2.5-17.8 ug/ml	
Antilymphomic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Antimalarial IC50=28-37 ug/ml	
Antimetastatic IC80=10 uM	
Antimutagenic IC57-80=80 mg/kg	
Antinephritic IC50=6-7.5 uM	
Antiobesity?	<i>Internat. J. Oriental Med.</i> 16: 4.
Antioxidant IC50=10 uM	
Antiperoxidant IC35=200 ug/ml	
Antiplasmoidal IC50=28-37 ug/ml	
Antiproliferative IC50=15-20 uM	
Antistaphylococcic	
Antithromboxane IC50=50 uM	
Antitrypanosomal	
Antitumor	<i>Cancer Research</i> , 54: 701, 1994.
Antitumor (Breast) 0.5% diet	
Antitumor (Breast) IC50=15-20 uM	
Antitumor (Cervix)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor (Colon)	
Antitumor (Lung)	
Antitumor (Ovary)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor (Stomach) IC50=15-20 uM	
Antitumor (brain)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor-Promoter	<i>Planta Medica</i> , 57: A56, 1991.
Antiulcer	Shukla, B., Visen, P.K.S., Patnaik, G.K., Tripathi, S.C., Srimal, R.C., Dayal, R., and Dobhal, P.C. Hepatoprotective Activity in the Rat of Ursolic Acid Isolated from Eucalyptus Hybrid. <i>Phytotherapy Research</i> 6: 74-79, 1992.
Antiviral IC85=18 ug/ml	
Aromatase-Inhibitor	
Beta-Blocker	
Beta-Glucuronidase-Inhibitor ~100 mg/kg	
CNS-Depressant	
COX-2-Inhibitor IC50=130 uM/	
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	
Cardioprotective	
Cardiotonic	
Choleretic 5-20 mg/kg orl	Shukla, B., Visen, P.K.S., Patnaik, G.K., Tripathi, S.C., Srimal, R.C., Dayal, R., and Dobhal, P.C. Hepatoprotective Activity in the Rat of Ursolic Acid Isolated from Eucalyptus Hybrid. <i>Phytotherapy Research</i> 6: 74-79, 1992.
Cyclooxygenase-Inhibitor	Ringbom, T., Seguar, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from Plantago major, a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. <i>J. Nat. Prod.</i> , 61(10): 1212-1215.
Cytotoxic 50 ppm	

ug/ml	
Cytotoxic 7.2 uM	
Diuretic	
Elastase-Inhibitor	
IC50=~15 uM	
Hepatoprotective 1-100 ug/ml	
Hepatoprotective 10 mg/kg	
Hypoglycemic	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989.
Hypotensive	
Immunomodulator	
Leucocytogenic	
Lipoxygenase-Inhibitor	
IC50=0.18 mM	
MMP-9-Inhibitor IC80=10 uM	
Ornithine-Decarboxylase-Inhibitor	
Pesticide	
Piscicide	
Potassium-Sparing 3 mg/rat	Iwu, M.M. 1993. <i>Handbook of African Medicinal Plants</i> . CRC Press, Boca Raton, FL 435 pp.
Protease-Inhibitor IC85=18 ug/ml	
Protisticide	Chemical Express, 7: 285, 1992.
Quinone-Reductase-Inducer 5 ug/ml	Lee, S. K., Song, Y., Mata-Greenwood, E., Kelloff, G. J., Steele, V. E., Pezzuto, J. M. 1999. Modulation of in vitro Biomarkers of the Carcinogenic Process by Chémopreventive Agents. <i>Anticancer Res.</i> , 19: 35-44.
Sodium-Sparing 3 mg/rat	Iwu, M.M. 1993. <i>Handbook of African Medicinal Plants</i> . CRC Press, Boca Raton, FL 435 pp.
TOPO-2-Inhibitor	
Trypanocide	
Vasopressor	

## URSOLIC-ACID

Flower -- -- \*

### Activities (89)

Analgesic	
AntiEBV	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
AntiHIV EC50=2.0 ug/ml	Kashiwada, Y., et. al. 1998. Anti-AIDS Agents. 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. <i>J. Nat. Prod.</i> , 61 (9): 1090-1095.
AntiHIV IC50=6.5 ug/ml	Kashiwada, Y., et. al. 1998. Anti-AIDS Agents. 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. <i>J. Nat. Prod.</i> , 61 (9): 1090-1095.
AntiHIV IC85=18 ug/ml	
AntiHIV 6.7 uM	
AntiTGF-beta IC50=6-7.5 uM	
Antialzheimeran	Ringbom, T., Seguar, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from <i>Plantago major</i> , a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. <i>J. Nat. Prod.</i> , 61(10): 1212-1215.
Antiarrhythmic	
Antiarthritic	Planta Medica, 57: A56, 1991.
Antibacterial	
Anticancer	Ringbom, T., Seguar, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from <i>Plantago major</i> , a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. <i>J. Nat. Prod.</i> , 61(10): 1212-1215.
Anticancer (Colon)	Ringbom, T., Seguar, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from <i>Plantago major</i> , a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. <i>J. Nat. Prod.</i> , 61(10): 1212-1215.
Anticarcinomic	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Anticariogenic	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.
Anticholestatic 28-100 mg/kg orl	Shukla, B., Visen, P.K.S., Patnaik, G.K., Tripathi, S.C., Srimal, R.C., Dayal, R., and Dobhal, P.C. Hepatoprotective Activity in the Rat of Ursolic Acid Isolated from Eucalyptus Hybrid. <i>Phytotherapy Research</i> 6: 74-79, 1992.
Anticomplement IC100 0.1 mM/l/gpg	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. <i>Hager's Handbuch der Pharmazeutischen Praxis</i> , Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Anticomplement IC80-90 0.05 mM/l/gpg	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. <i>Hager's Handbuch der Pharmazeutischen Praxis</i> , Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Antidiabetic	Chemical Constituents of Oriental Herbs (3 diff. books)
Antiedemic	
Antiescherichic	
Antifibrosarcomic IC80=10 uM	
Antihepatotoxic 5-20 mg/kg ipr	Shukla, B., Visen, P.K.S., Patnaik, G.K., Tripathi, S.C., Srimal, R.C., Dayal, R., and Dobhal, P.C. Hepatoprotective Activity in the Rat of Ursolic Acid Isolated from Eucalyptus Hybrid. <i>Phytotherapy Research</i> 6: 74-79, 1992.
Antihistaminic	Tsuruga, T., Chun, Y.-T., Ebizuka, Y., and Sankawa, U. 1991. Biologically Active Constituents of <i>Melaleuca leucadendron</i> : Inhibitors of Induced Histamine Release from Rat Mast Cells. <i>Chem. Pharm. Bull.</i> 39(12): 3276-3278, 1991.
Antihyperlipidemic	
Antiinflammatory 1/3 indomethacin	
Antiinflammatory IC24=500 mg/kg	

uM	
Antileukemic IC50=2.5-17.8 ug/ml	
Antilymphomtic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Antimalarial IC50=28-37 ug/ml	
Antimetastatic IC80=10 uM	
Antimutagenic IC57-80=80 mg/kg	
Antinephritic IC50=6-7.5 uM	
Antiobesity?	Internat. J. Oriental Med. 16: 4.
Antioxidant IC50=10 uM	
Antiperoxidant IC35=200 ug/ml	
Antiplasmodial IC50=28-37 ug/ml	
Antiproliferative IC50=15-20 uM	
Antistaphylococcic	
Antithromboxane IC50=50 uM	
Antitrypanosomic	
Antitumor	Cancer Research, 54: 701, 1994.
Antitumor (Breast) 0.5% diet	
Antitumor (Breast) IC50=15-20 uM	
Antitumor (Cervix)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antitumor (Colon)	
Antitumor (Lung)	
Antitumor (Ovary)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antitumor (Stomach) IC50=15-20 uM	
Antitumor (brain)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antitumor-Promoter	Planta Medica, 57: A56, 1991.
Antiulcer	Shukla, B., Visen, P.K.S., Patnaik, G.K., Tripathi, S.C., Srimal, R.C., Dayal, R., and Dobhal, P.C. Hepatoprotective Activity in the Rat of Ursolic Acid Isolated from Eucalyptus Hybrid. Phytotherapy Research 6: 74-79, 1992.
Antiviral IC85=18 ug/ml	
Aromatase-Inhibitor	
Beta-Blocker	
Beta-Glucuronidase-Inhibitor ~100 mg/kg	
CNS-Depressant	
COX-2-Inhibitor IC50=130 uM/	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	
Cardioprotective	
Cardiotonic	
Choleretic 5-20 mg/kg orl	Shukla, B., Visen, P.K.S., Patnaik, G.K., Tripathi, S.C., Srimal, R.C., Dayal, R., and Dobhal, P.C. Hepatoprotective Activity in the Rat of Ursolic Acid Isolated from Eucalyptus Hybrid. Phytotherapy Research 6: 74-79, 1992.
Cyclooxygenase-Inhibitor	Ringbom, T., Seguarr, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from Plantago major, a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. J. Nat. Prod., 61(10): 1212-1215.
Cytotoxic 50 ppm	
Cytotoxic ED50=3.75 ug/ml	
Cytotoxic 7.2 uM	
Diuretic	
Elastase-Inhibitor IC50=~15 uM	
Hepatoprotective 1-100 ug/ml	
Hepatoprotective 10 mg/kg	
Hypoglycemic	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. Journal of Ethnopharmacology, 27: 243-275, 1989.
Hypotensive	
Immunomodulator	
Leucocytogenic	
Lipoxygenase-Inhibitor IC50=0.18 mM	
MMP-9-Inhibitor IC80=10 uM	
Ornithine-Decarboxylase-Inhibitor	

Piscicide	
Potassium-Sparing 3 mg/rat	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Protease-Inhibitor IC85=18 ug/ml	
Protisticide	Chemical Express, 7: 285, 1992.
Quinone-Reductase-Inducer 5 ug/ml	Lee, S. K., Song, Y., Mata-Greenwood, E., Kelloff, G.J., Steele, V. E., Pezzuto, J. M. 1999. Modulation of in vitro Biomarkers of the Carcinogenic Process by Chemopreventive Agents. Anticancer Res., 19: 35-44.
Sodium-Sparing 3 mg/rat	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
TOPO-2-Inhibitor	
Trypanocide	
Vasopressor	

URSOLIC-ACID	Bark	--	--	*
<b>Activities (89)</b>				
Analgesic				
AntiEBV	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.			
AntiHIV EC50=2.0 ug/ml	Kashiwada, Y., et. al 1998. Anti-AIDS Agents. 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. J. Nat. Prod., 61 (9): 1090-1095.			
AntiHIV IC50=6.5 ug/ml	Kashiwada, Y., et. al 1998. Anti-AIDS Agents. 30. Anti-HIV Activity of Oleanolic Acid, Pomolic Acid, and Structurally Related Triterpenoids. J. Nat. Prod., 61 (9): 1090-1095.			
AntiHIV IC85=18 ug/ml				
AntiHIV 6.7 uM				
AntiTGF-beta IC50=6-7.5 uM				
Antialzheimeran	Ringbom, T., Seguar, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from Plantago major, a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. J. Nat. Prod., 61(10): 1212-1215.			
Antiarrhythmic				
Antiarthritic	Planta Medica, 57: A56, 1991.			
Antibacterial				
Anticancer	Ringbom, T., Seguar, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from Plantago major, a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. J. Nat. Prod., 61(10): 1212-1215.			
Anticancer (Colon)	Ringbom, T., Seguar, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from Plantago major, a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. J. Nat. Prod., 61(10): 1212-1215.			
Anticarcinomic	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.			
Anticariogenic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.			
Anticholestatic 28-100 mg/kg orl	Shukla, B., Visen, P.K.S., Patnaik, G.K., Tripathi, S.C., Srimal, R.C., Dayal, R., and Dobhal, P.C. Hepatoprotective Activity in the Rat of Ursolic Acid Isolated from Eucalyptus Hybrid. Phytotherapy Research 6: 74-79, 1992.			
Anticomplement IC100 0.1 mM/l gpg	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.			
Anticomplement IC80-90 0.05 mM/l gpg	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.			
Antidiabetic	Chemical Constituents of Oriental Herbs (3 diff. books)			
Antiedemic				
Antiescherichic				
Antifibrosarcomic IC80=10 uM				
Antihepatotoxic 5-20 mg/kg ipr	Shukla, B., Visen, P.K.S., Patnaik, G.K., Tripathi, S.C., Srimal, R.C., Dayal, R., and Dobhal, P.C. Hepatoprotective Activity in the Rat of Ursolic Acid Isolated from Eucalyptus Hybrid. Phytotherapy Research 6: 74-79, 1992.			
Antihistaminic	Tsuruga, T., Chun, Y.-T., Ebizuka, Y., and Sankawa, U. 1991. Biologically Active Constituents of Melaleuca leucadendron: Inhibitors of Induced Histamine Release from Rat Mast Cells. Chem. Pharm. Bull. 39(12): 3276-3278, 1991.			
Antihyperlipidemic				
Antiinflammatory 1/3 indomethacin				
Antiinflammatory IC24=500 mg/kg				
Antileishmanic ED50=20 uM				
Antileukemic IC50=2.5-17.8 ug/ml				
Antilymphomic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.			
Antimalarial IC50=28-37 ug/ml				
Antimetastatic IC80=10 uM				
Antimutagenic IC57-80=80 mg/kg				
Antinephritic IC50=6-7.5 uM				
Antiobesity?	Internat. J. Oriental Med. 16: 4.			
Antioxidant IC50=10 uM				
Antiperoxidant IC35=200 ug/ml				
Antiplasmoidal IC50=28-37 ug/ml				
Antiproliferative IC50=15-20 uM				

Antithromboxane IC50=50 uM	
Antitrypanosomic	
Antitumor	Cancer Research, 54: 701, 1994.
Antitumor (Breast) 0.5% diet	
Antitumor (Breast) IC50=15-20 uM	
Antitumor (Cervix)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antitumor (Colon)	
Antitumor (Lung)	
Antitumor (Ovary)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antitumor (Stomach) IC50=15-20 uM	
Antitumor (brain)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antitumor-Promoter	Planta Medica, 57: A56, 1991.
Antiulcer	Shukla, B., Visen, P.K.S., Patnaik, G.K., Tripathi, S.C., Srimal, R.C., Dayal, R., and Dobhal, P.C. Hepatoprotective Activity in the Rat of Ursolic Acid Isolated from Eucalyptus Hybrid. Phytotherapy Research 6: 74-79, 1992.
Antiviral IC85=18 ug/ml	
Aromatase-Inhibitor	
Beta-Blocker	
Beta-Glucuronidase-Inhibitor ~100 mg/kg	
CNS-Depressant	
COX-2-Inhibitor IC50=130 uM/	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	
Cardioprotective	
Cardiotonic	
Choleretic 5-20 mg/kg orl	Shukla, B., Visen, P.K.S., Patnaik, G.K., Tripathi, S.C., Srimal, R.C., Dayal, R., and Dobhal, P.C. Hepatoprotective Activity in the Rat of Ursolic Acid Isolated from Eucalyptus Hybrid. Phytotherapy Research 6: 74-79, 1992.
Cyclooxygenase-Inhibitor	Ringbom, T., Seguar, L., Noreen, Y., Perera, P., Bohlin, L. 1998. Ursolic Acid from Plantago major, a Selective Inhibitor of Cyclooxygenase-2 Catalyzed Prostaglandin Biosynthesis. J. Nat. Prod., 61(10): 1212-1215.
Cytotoxic 50 ppm	
Cytotoxic ED50=3.75 ug/ml	
Cytotoxic 7.2 uM	
Diuretic	
Elastase-Inhibitor IC50=--15 uM	
Hepatoprotective 1-100 ug/ml	
Hepatoprotective 10 mg/kg	
Hypoglycemic	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. Journal of Ethnopharmacology, 27: 243-275, 1989.
Hypotensive	
Immunomodulator	
Leucocytogenic	
Lipoxygenase-Inhibitor IC50=0.18 mM	
MMP-9-Inhibitor IC80=10 uM	
Ornithine-Decarboxylase-Inhibitor	
Pesticide	
Piscicide	
Potassium-Sparing 3 mg/rat	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Protease-Inhibitor IC85=18 ug/ml	
Protisticide	Chemical Express, 7: 285, 1992.
Quinone-Reductase-Inducer 5 ug/ml	Lee, S. K., Song, Y., Mata-Greenwood, E., Kelloff, G. J., Steele, V. E., Pezzuto, J. M. 1999. Modulation of in vitro Biomarkers of the Carcinogenic Process by Chémopreventive Agents. Anticancer Res., 19: 35-44.
Sodium-Sparing 3 mg/rat	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
TOPO-2-Inhibitor	
Trypanocide	
Vasopressor	

## VALERIANIC-ACID

Fruit -- -- \*

### Activities (1)

Antispasmodic

ZIERIN

Leaf -- -- Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. *Herbal Medicine - A Guide for Health-care Professionals*. The Pharmaceutical Press, London. 296pp.

**Activities (1)**

Cyanogenic

ZINC

Fruit 3.0 17.0 -0.4 \*

**Activities (77)**

ACE-Inhibitor

Analgesic

AntiIBPH 25-60 mg/day

AntiCrohn's

Davies, S., and Stewart, A. 1990. *Nutritional Medicine*. Avon Books, New York. 509pp.

AntiHIV

Antiacne 135 mg/day

Antiacrodermatitic 8-34 mg/day/orl/chd

Martindale's 29th

Antialcoholic

Antialopeptic

Davies, S., and Stewart, A. 1990. *Nutritional Medicine*. Avon Books, New York. 509pp.

Antialzheimeran 50 mg/day

Werbach, M. 1993. *Healing with Food*. Harper Collins, New York, 443 pp.

Antiangiogenic

Antianorexic

Martindale's 29th

Antiarthritic 50 mg/3x/day/orl/man

Werbach, M. 1993. *Healing with Food*. Harper Collins, New York, 443 pp.

Anticanker 100 mg/day

Werbach, M. 1993. *Healing with Food*. Harper Collins, New York, 443 pp.

Anticataract 30 mg/day

Werbach, M. 1993. *Healing with Food*. Harper Collins, New York, 443 pp.

Anticoeliac

Martindale's 28th

Anticold 50 mg

Davies, S., and Stewart, A. 1990. *Nutritional Medicine*. Avon Books, New York. 509pp.

Anticolitic

Davies, S., and Stewart, A. 1990. *Nutritional Medicine*. Avon Books, New York. 509pp.

Anticorony 30 mg/day

Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. *Syndrome X - The complete nutritional program to prevent and reverse insulin resistance*. John Wiley & Sons, New York. 272 pp. \$24.95

Antidandruff

Davies, S., and Stewart, A. 1990. *Nutritional Medicine*. Avon Books, New York. 509pp.

Antidementia

Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. *Syndrome X - The complete nutritional program to prevent and reverse insulin resistance*. John Wiley & Sons, New York. 272 pp. \$24.95

Antidiabetic 30 mg/day

Let's Live, May 1989.

Antidote (Cadmium)

Antidysgeuzic

Antieczemic 150 mg/day

Werbach, M. 1993. *Healing with Food*. Harper Collins, New York, 443 pp.

Antiencephalopathic

Martindale's 29th

Antiepileptic 100 mg/day

Werbach, M. 1993. *Healing with Food*. Harper Collins, New York, 443 pp.

Antifibrotic 30 mg

Martindale's 28th

Antifuruncular 45 mg/3x/day/man

Martindale's 28th

Antihangover 15 mg

Antiherpetic? 25-60 mg/day

Martindale's 29th

Antiimpotence

Martindale's 29th

Antiinfective 50 mg/day

Werbach, M. 1993. *Healing with Food*. Harper Collins, New York, 443 pp.

Antiinfertility 60 mg/day

Werbach, M. 1993. *Healing with Food*. Harper Collins, New York, 443 pp.

Antiinsomniac

Davies, S., and Stewart, A. 1990. *Nutritional Medicine*. Avon Books, New York. 509pp.

Antilepric

Martindale's 29th

Antileukonychic

Antilymphomeric

Antimaculitic

Antimetastatic

Antineuropathic

Antinyclatologic

Antiobesity 30 mg/day

Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. *Syndrome X - The complete nutritional program to prevent and reverse insulin resistance*. John Wiley & Sons, New York. 272 pp. \$24.95

Antosteoporotic

Martindale's 29th

Antiperiodontic

Antiplaque

Martindale's 29th

Antiprolactin

Pizzorno, J.E. and Murray, M.T. 1985. *A Textbook of Natural Medicine*. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antiprostatic 50 mg/man/day/orl

Pizzorno, J.E. and Murray, M.T. 1985. *A Textbook of Natural Medicine*. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antirheumatic

Davies, S., and Stewart, A. 1990. *Nutritional Medicine*. Avon Books, New York. 509pp.

Antiseptic 50 mg/day

Werbach, M. 1993. *Healing with Food*. Harper Collins, New York, 443 pp.

Antispare-Tire 30 mg/day

Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. *Syndrome X - The complete nutritional program to prevent and reverse insulin resistance*. John Wiley & Sons, New York. 272 pp. \$24.95

Antistomatitit 50

Martindale's 28th

Antisynthetic-X 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antitinitic 60-120 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antitriglyceride 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antiulcer 50 mg/3x/day/man	Martindale's 28th
Antiulcer 88 mg/rat/day/15 days	
Antiviral?	Martindale's 29th
Astringent	Martindale's 28th
Collagenic	
Copper-Antagonist	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Deodorant	Martindale's 29th
Detoxicant (Alcohol)	
Ergogenic	
Hypotensive 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Immunomodulator	
Immunostimulant	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Immunosuppressant 300 mg/day/6 wks/orl/man	Martindale's 29th
Insulinogenic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Leptogenic 30-60 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Mucogenic	Li, K.M. Effect of zinc sulphate on acetic acid-induced gastric ulceration in rats. <i>J. Pharm. Pharmacol.</i> 42: 657-659, 1990.
NF-κB-Inhibitor	
Pesticide	
Spermigenic 60 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Testosteronogenic 60 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Trichomonicide	Martindale's 29th
Vulnerary	Martindale's 28th